#### No Good Without You



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Karen Jones (UK)

音乐: The Music's No Good Without You - Cher



#### TOUCH BALL STEP, SWEEP, CROSS, LEFT LOCK STEP BACK, ROCK BACK RIGHT, RECOVER

Touch right toe next to left instep, small step back on to ball of right, small step forward on left

Sweep right foot forward and over left, finishing with right crossed over left weight on right

foot

Left step back, right lock over left, left step back (alternative shuffle back)

7-8 Rock back on right, recover forward on left

### RIGHT LOCK STEP FORWARD, STEP ¾ TURN RIGHT WITH HOOK, RIGHT LOCK FORWARD OUT, OUT, BALL CROSS,

9&10 Right step forward, left lock behind right, right step forward

11-12 Step forward left, pivot ¾ turn right on ball of left while hooking right in front of left

13&14 Right step forward, left lock behind right, right step forward

&15 Small step to left side with left foot, small step to right side with right foot

&16 Bring left in and slightly back on ball of foot, cross right over left

# ROCK FORWARD LEFT RECOVER, TRIPLE 1 ½ (OR ½) TURN RIGHT, KICK, STEP, LOCK, STEP, ROCK FORWARD LEFT, RECOVER,

17-18 Rock forward left, recover weight on to right foot

19&20 ½ turn left stepping forward left, ½ turn left stepping back on right, ½ turn left stepping

forward left, (total of 1& ½ turns left)

Alternative triple ½ turn left stepping left, right, left

21& Kick right foot forward, step right foot forward

22& Lock left foot behind right foot, small step forward on right foot

23-24 Rock forward left, recover weight on to right foot

# 1 ½ TURN, POINT RIGHT TO RIGHT, CROSS RIGHT OVER LEFT, POINT LEFT TO LEFT, CROSS/TURN, POINT RIGHT TO RIGHT

25-26 ½ turn left stepping forward left, ½ turn left stepping back on right,

27-28 ½ turn left stepping forward, point right to right side

**Alternative** 

25 ½ turn left stepping forward left

Walk rightWalk left

Point right to right side

29-30 Cross right over left, point left to left side

31-32 Cross left over right unwind ½ turn to right, point right to right side

#### **REPEAT**