# No Magic To Lose (P)



编舞者: Delaine Douglas

音乐: Nothin' to Lose - Josh Gracin

**Position: Sweetheart Position** 

#### WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE

1-4 Walk right, walk left, shuffle right, left, right5-8 Walk left, walk right, shuffle left, right, left

## ROCK, RECOVER, SAILOR CROSS 1/4 TURN LEFT, SIDE TOGETHER, SIDE CHA

1-2 Rock forward right, recover weight to left

3&4 Cross right behind left as you turn left, step left to side (you have finished your ½ turn left,

facing ILOD), cross right over left

### Drop left hands for count 3&, lady to pick up man's left hand in Reverse Indian Position by count 4

5-6 Step left to left side, step right beside left (put weight on right)

7&8 Side shuffle left, right, left

### ROCK, RECOVER, COASTER RIGHT, ROCK, RECOVER, COASTER LEFT

1-2 Rock forward right, recover weight to left

3&4 Step right back, step left beside right, step forward right

5-6 Rock forward left, recover weight to right

7&8 Step left back, step right beside left, step forward left

#### ROCK, RECOVER, TRIPLE STEP 1/4 TURN RIGHT, WALK, WALK, SHUFFLE

1-2 Rock forward right, recover weight to left

3&4 Triple step right, left, right ending ¼ turn right facing line of dance

Drop left hands, bring right hand up over lady's head so she can turn 1 1/4 to the right. Man will be making a 1/4

turn right

5-8 Walk left, walk right, shuffle left, right, left

#### **REPEAT**