No Matter What



拍数: 64 墙数: 2 级数: Intermediate/Advanced

编舞者: Sheila Vee (UK)

音乐: No Matter What - Boyzone



This track is 4:29 long. At 3:37 the music slows down for 10 seconds. Do the same steps just slow then down, then back to normal speed.

SIDE ROCKS 1/4 TURN, SIDE ROCK 1/4 TURN

beats)

1	Step right foot out to right side, rocking on to right hip
2-3	Rock on to left hip, rock back on to right hip
4	Make a ¼ turn left on left foot, while hitching right knee
5	Step right foot out to right side, rocking on to right hip
6-7	Rock on to left hip, rock on to right hip
8	Make a ¼ turn right with left foot, while hitching right knee (end back facing home wall)
1	Step right foot out to right side, rocking on to right hip
2-3	Rock onto left hip, rock back on to right hip
4	Make a ¼ turn right on left foot, while hitching right knee
5	Step right foot out to right side, rocking on to right hip
6-7	Rock on to left hip, rock on to right hip

STEP RIGHT, LEFT BEHIND RIGHT SIDE, CROSS RIGHT IN FRONT LEFT SIDE, CROSS LEFT BEHIND, **UNWIND A FULL TURN**

1-2	Step right foot to right side, cross left foot behind right
3-4	Touch right toe out to right side, cross right in front of left
5-6	Touch left toe out to left side, cross left behind right
7-8	Unwind a full turn to face home wall (legs will end up crossed) (24 heats)

RIGHT SIDE CHASSE FULL TURN, ½ TURN INTO LEFT SIDE CHASSE			
1&2	Step right to right side, close left to right, step right to right side making ¼ turn right		
3	Step forward on left making ¼ turn to right (completing ½ turn right)		
4	Step right foot behind making ½ turn right (facing home wall)		
5&6	Pivot ½ turn on right foot to right into left side chasse		
7-8	Rock on to right foot then left (32 beats)		
1-8	Repeat the last 8 counts(you are coming back across the room, you will end up facing home wall) (40 beats)		

KICK BALL BACK, BEND 1/2 TURN, STOMP, HIP, HOLD, HIPS RIGHT & LEFT

1&2	Kick right foot forward, step down on ball of right foot, step back with left
3-4	Bend knees, ½ turn over left shoulder
5-6	Stomp right foot diagonally forward, push left hip back
7	Hold
&8	Push hip forward right, then back left (48 beats)

RIGHT SHUFFLE, STOMP, HOP, STEP BACK, ROCK BACK/FORWARD, STEP FORWARD, SWIVEL **HEELS**

1&2 Right shuffle diagonally forward

3	Stomp left foot in front of right (keeping weight on right) cross wrists over, bending body forward
&	Hop back on right releasing wrists, while hitching left knee
4	Step back on left
5-6	Rock back on to right, forward on to left
7	Step forward with right foot
&8	Swivel both heels to the right then back to center (54 beats)

STOMP, PIGEON TOES, HEELS, TOES, HEELS, CROSS BEHIND HOLD, SIDE, BEHIND SIDE

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1	Stomp right beside left
2	Turn both toes in
3&4	Turn both heels to center, both toes, both heels moving to the left (while executing above steps turn both hands full circle, to the right)
5	Step right foot behind left (hold both hands out at hip height on left side)
6	Hold
7&8	Step left to left side, right foot small step behind left, step left foot to left side

REPEAT