No One Like Me

拍数: 32

级数: Improver

编舞者: John Dembiec (USA)

音乐: Real Good Man - Tim McGraw

WALKS, ¾ TURN SAILOR, WALKS, ¼ TURN HITCH, STEP

- 1-2 Walk forward right, left
- 3& Step right behind left with 1/4 turn right, step left to left with 1/4 turn right
- 4 Step right to right with 1/4 turn right
- 5-6 Walk forward left, right
- 7-8 Hitch left knee making 1/4 turn right, step down on to left

SAILOR, COASTER, KICK, HOOK, SHUFFLE

- Step right behind left, step left to left, step right next to left 1&2
- 3&4 Step left back, step right next to left, step left slightly forward
- 5-6 Kick right forward, hook right in front of left
- Shuffle forward right, left, right 7&8

STEP, ½ TURN, SHUFFLE, ¼ TURN HITCHES, ROCK, REPLACE

- 1-2 Step left forward, pivot ¹/₂ turn to right
- 3&4 Shuffle forward left, right, left
- 5-6 Hitch right knee and make 2 ¼ turns to left
- 7-8 Rock forward on to right, replace to left

BOW LEGGED WALKS BACK, ¼ TURN, ¼ TURN SAILOR, SHUFFLE

- 1-2 With slightly bent knees facing to the sides, walk back right, left
- 3-4 With right slightly bent, step back with ¼ turn right, step left to left with ¼ turn right
- 5&6 Step right behind left, step left to left, step right to right making 1/4 turn right
- 7&8 Shuffle forward left, right, left

REPEAT





墙数:4