

# No Shame (P)

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 0      级数: Partner  
编舞者: Shirley Morris (USA) & Vic Morris (USA)  
音乐: No Shame - Jeff Bates



**Position: Side By Side Sweetheart Position**

## WALK FORWARD (TWICE), ¼ TURN, LADY'S ½ TURN

1-4      **MAN:** Walk forward left, right, step left foot ¼ turn right, touch right toe next to left foot (man now facing OLOD)  
         **LADY:** Walk left, right, step left foot ¼ turn left, touch right toe next to left foot (lady now facing ILOD)

**On count 3 man raises lady right arm over lady's head**

5-8      **MAN:** Step in place right, left, right, touch left toe next to right foot  
         **LADY:** While making ½ turn right step in place right, left, right, touch left toe next to right foot (lady now facing OLOD)

**Man raises lady's right arm over lady's head, and extend both arms out to sides**

## VINE LEFT WITH LADY'S FULL TURN LEFT, CROSS STEP, ¼ TURN, STEP, HOOK

1-4      **MAN:** Step left foot to left, cross step right foot in front of left foot, step left foot to left, touch right toe next to left foot (man still facing OLOD)  
         **LADY:** Full rolling left vine, step left foot ¼ turn left, step right foot forward making ½ turn left, step left foot next to right foot making ¼ turn left, touch right toe next to left foot (lady still facing OLOD)

**Man releases lady's left hand, rise right arm over lady's head, rejoin left hands at lady's shoulder**

5-8      **BOTH:** Cross right foot over left foot, making ¼ turn right step back on left foot, step right foot back, hook left foot over right foot, (both now facing RLOD)

## SHUFFLE, ½ PIVOT, SHUFFLE, WALK (TWICE)

1&2      Left shuffle forward left, right, left  
3-4      Step right foot forward, pivot ½ turn left, (weight on left foot)  
**Both now facing LOD**  
5&6      Right shuffle forward right, left, right  
7-8      Walk forward left, right

## ½ PIVOT, ½ PIVOT, CROSS, POINT, CROSS, POINT

1-2      Step left foot forward, pivot ½ turn right, (weight on right foot)  
3-4      Step left foot forward, pivot ½ turn right, (weight on right foot)  
5-6      Cross left foot over right foot, touch right foot to right  
7-8      Cross right foot over left foot, touch left foot to left

**On counts 1-2-3 drop left hands, raise right hands, rejoin hands on count 4. You are now in sweetheart position**

**REPEAT**