No Show

拍数: 32

编舞者: Unknown

音乐: Be My Lover - La Bouche

HEEL EXCHANGES, ROCK LEFT, ROCK RIGHT

- 1& Touch right heel forward and bring it back.
- 2& Touch left heel forward and bring it back.
- 3& Touch right heel forward and bring it back.
- 4& Touch left heel forward and bring it back.
- 5 Step right to right side shifting weight to it.
- & Step left in place shifting weight back to it.
- 6 Step right next to left.
- 7 Step left to left side shifting weight to it.
- & Step right in place shifting weight back to it.
- 8 Step left next to right.

WALK BACK, TAP TWICE, WALK BACK, TAP TWICE.

- 9-10 Step back right. Step back left.
- 11-12 Tap right back. Tap right back putting weight on it.
- 13-14 Step back left. Step back right.
- 15-16 Tap left back. Tap left back putting weight on it.

FORWARD VINE, LEFT VINE, ¼ TURN, ROCK FORWARD, ROCK BACK

- 17 Step forward right.
- & Bring left forward and on outside of right.
- 18 Step forward right.
- & Pivot ¼ right on ball of right foot.
- 19 Step left to left side.
- & Cross right behind left.
- 20 Step left to left side.
- 21&22 Rock forward on right. Rock back on left. Step right next to left.
- 23&24 Rock back on left. Rock forward on right. Step left next to right.

QUARTER TURN RIGHT, TOUCH, HALF TURN RIGHT, TOUCH, WALK FORWARD

- 25 Making ¼ turn to right, take a long step forward with right.
- 26 Touch left next to right.
- 27 Making ¹/₂ turn to right, take a long step back with left.
- 28 Touch right next to left.
- 29-31 Walk forward right, left, right.
- 32 Close left to right.

REPEAT





墙数: 1

级数: