

Nobody's Angel (Tonight)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Pam Scott (USA)
音乐: If You Wanna Dance - Nobody's Angel



STEP RIGHT, CROSS ROCK, STEP LEFT, CROSS ROCK, STEP RIGHT, CROSS SHUFFLE, ¼ STEP RIGHT

- 1 Step right to right side
- 2&3 Cross rock left over right, recover on right, step left to left side
- 4&5 Cross rock right over left, recover on left, step right to right side
- 6&7 Cross shuffle - step left over right, step right with right, step left over right
- 8 Step ¼ turn right with right

ROCK, RECOVER, TRIPLE ½ TURN LEFT, PIVOT TURN, KICK-BALL-CHANGE

- 1-2 Rock left foot forward, recover back on right
- 3&4 Triple ½ turn left stepping left right left
- Option: a 1 ½ triple step turn**
- 5-6 Step forward on right, pivot ½ to left (weighted left)
- 7&8 Right kick-ball-change

RIGHT STEP BACK, LEFT STEP FORWARD, ¼ TURN RIGHT, CROSS SHUFFLE, ¼ TURN RIGHT SHIMMY

- &1-2 Step back on the right, step forward on the left, ¼ pivot turn right (weighted right)
- 3&4 Cross shuffle - step left over right, step right with right, step left over right
- &5&6 Start a ¼ turn to the right stepping with the right foot while shimmying back on the left (pop heels while transferring weight back and forth with attitude)
- &7&8 Finish ¼ turn right while shimmying forward on the right (pop heels while transferring weight back and forth with attitude finishing with weight forward on the right)

Option: on counts &5-8, use any body movement you are comfortable with making sure you step a ¼ turn to the right with the right and your weight is forward on the right on count 8

HEEL JACK, HEEL JACK, OUT-OUT, IN-IN, CROSS, UNWIND ½ TURN TO LEFT

- &1&2 Step back on the left diagonal with the left, touch right heel forward on right diagonal, step right foot back to home position, step left next to right
- &3&4 Step back on the right diagonal with the right, touch left heel forward on left diagonal, step left foot back to home position, step right next to left
- &5&6 Step out to left with left, step out to right with right, step back to home with left, step right next to left
- &7-8 Step back on the left, touch right toe over left foot, unwind ½ turn to left - weighted left

REPEAT