

拍数: 48 墙数: 4 级数: Intermediate

编舞者: Karen Looker (UK) 音乐: Noise - Lonestar



SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, SAILOR 1/4 TURN

1-2	Rock right to right side	, recover weight onto left
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3&4 Cross right over left, step left to left side, cross right over left

5-6 Rock left to left side, recover weight onto right

7&8 Turn ¼ left crossing left behind right, step right to right side, step left in place

STEP ½ PIVOT, RIGHT SHUFFLE, STEP, HOLD AND STEP, TOUCH

1-2 Step right forward, pivot ½ turn to left

3&4 Step right forward, step left next to right, step right forward

5-6 Step left forward, hold

&7-8 Step right next to left, step left forward, touch right next to left

BACKWARD DIAGONAL STEP AND TOUCH TWICE, WALK FORWARD TWICE, WALK BACKWARD TWICE

1-2	Step right diagonally backwards right, touch left next to right
3-4	Step left diagonally backwards left, touch right next to left

5-6 Step right foot diagonally forward right, step left foot diagonally forward left

7-8 Step right foot back in place, step left foot back in place

Optional hand movements on chorus of "Noise": on counts 5-8 (on the words "driving me crazy") put both hands on sides of head

Restart here during wall 6 facing 12:00 wall

FULL TURN RIGHT, TOUCH, SIDE CHASSE, BACK ROCK, RECOVER

1-3 Step right to right side making ¼ turn right, make ½ turn right stepping left back, make ¼ turn

right stepping right to right side

4 Touch left next to right

Step left to left side, step right next to left, step left to left side

7-8 Rock right behind left, recover weight onto left

1/2 MONTEREY TURN, ROCKING CHAIR

1-2 Touch right to right side, pivot ½ turn right on left foot stepping right foot next to left

3-4 Touch left to left side, step left beside right

Rock forward onto right, recover weight back onto leftRock back onto right, recover weight forward onto left

Restart here during wall 2 - facing 12:00 wall

KICK BALL CHANGE, 1/4 PIVOT, KICK BALL CHANGE, 1/4 PIVOT

1&2 Kick right foot forward, step right beside left, step left next to right

3-4 Step right forward, pivot ½ turn to left

5&6 Kick right foot forward, step right beside left, step left next to right

7-8 Step right forward, pivot ¼ turn to left

REPEAT

RESTART

When using the Lonestar track, the first restart is on the 2nd wall after count 40 The second restart is on the 6th wall, after count 24

