

# Norfolk Swing (P)

拍数: 48      墙数: 0      级数: Partner  
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音乐: Jeans On - Keith Urban



**Position: Closed Western. Man facing OLOD man's left, opposite feet**

## **BASIC SWING**

1&2      Side close side LOD  
3&4      Side close side RLOD  
5-6      Rock back, (both) recover

## **TUCK & TURN, ROCK APART**

7&8      Side close side LOD bringing lady across front of man

**Raising man's left up and forward ready to pass under**

9&10      Side close side  $\frac{1}{4}$  turn, turning lady  $\frac{3}{4}$  to face (turning to the right)

**Man LOD, lady RLOD**

11-12      Rock back (both) recover

**Open hands at this point**

## **BASIC SWING LINE OF DANCE**

13&14      Shuffle LOD

**Resume closed western**

15&16      Shuffle LOD

17-18      Rock, recover, man rock forward, lady back

## **BASIC SWING REVERSE LINE OF DANCE**

19&20      Shuffle RLOD

21&22      Shuffle RLOD

23-24      Rock, recover, man rock back, lady forward

## **$\frac{1}{4}$ TURN INTO BASIC SWING**

25&26      Step LOD make  $\frac{1}{4}$  turn to face, together, step to side (travel LOD)

27&28      Side close side RLOD

29-30      Rock back, (both) recover

## **FULL TURN AWAY FROM PARTNER, ROCK STEP**

**Release hands**

31&32      Half turn, man left, lady right

33&34      Half turn, man left, lady right

**Open hands**

35-36      Rock back, (both) recover

## **PIN WHEEL $\frac{1}{2}$ TURN TO THE RIGHT**

**Closed Western**

37&38      Close to partner start  $\frac{1}{2}$  turn

39&40      Complete  $\frac{1}{2}$  turn, man now facing ILOD

**Open hands**

41-42      Rock back (both) recover

## **UNDER ARM $\frac{1}{2}$ TURN, ROCK STEP**

**Raise man's left hand drop right**

43&44      Man passes under arch starting  $\frac{1}{2}$  turn to the left

**Lady starts ½ turn to face man to the left**

45&46 Both completing ½ turn, man facing OLOD, lady facing ILOD

**Rejoin into open hands**

47-48 Rock back (both) recover

**Into Closed Western**

**REPEAT**

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