Nothing At All



编舞者: Rachael Pugh (UK) & Jan Brookfield (UK) 音乐: When You Say Nothing at All - Paul Overstreet



ROCK BACK, ROCK FORWARD, SHUFFLE FORWARD

1-2 Rock back on left, rock forward on right in place

3&4 Shuffle forward on left, right, left

1/2 TURN SHUFFLE, ROCK BACK, ROCK FORWARD

5&6 Make ½ turn left, shuffling right, left, right

7-8 Rock back on left, rock forward on right in place

KICK-BALL-STEP, SHUFFLE FORWARD, 1/4 PIVOT LEFT, CROSS SHUFFLE

9&10 Kick left forward, step back slightly on ball of left, step forward on right

11&12 Shuffle forward left, right, left

13-14 Step right forward, pivot ¼ turn to left (weight now on left)

15&16 Cross right in front of left, step on left to side, cross right in front of left

SIDE-ROCK, SAILOR STEPS TWICE, STEP BEHIND, UNWIND 1/2TURN

17-18 Step left to side, rock onto right in place

Step left behind right, rock onto right to side, rock onto left in place Step right behind left, rock onto left to side, rock onto right in place

23-24 Step left behind right, unwind ½ turn to left

SHUFFLE FORWARD, KICK-BALL-TOUCH, PENDULUM SWITCHES, BEHIND ROCK STEP

25&26 Shuffle forward on right, left, right

27&28 Kick left forward, step slightly back left, touch right toes to side

Step on right in place, touch left toes to side Step on left in place, touch right toes to side

31&32 Step right behind left, rock onto left in place, step right to side

REPEAT