Now Hear This

拍数: 32

编舞者: Barry Bechtold (USA)

音乐: I Wasn't Ready for You - Ricochet

JAZZ BOX, SIDE SHUFFLES

- 1-2 Cross right foot over in front of left; hold
- & Step slightly backwards on left foot
- 3 Step to right with right foot
- & Step beside right foot with left foot
- 4 Step to right with right foot
- 5-6 Cross left foot over in front of right; hold
- & Step slightly backwards on right foot
- 7 Step to left with left foot
- & Step beside left with right foot
- 8 Step to left with left foot

TAPS, LEFT TURN, CROSS, SIDE, CROSS

- 1-2 Tap right toe back, twice
- & Step back onto right foot
- 3 Place left heel forward
- & Tap left heel 1/8 turn left, pivoting on ball of right foot
- Tap left heel 1/8 turn left, pivoting on ball of right foot 4

(Now facing 9:00)

- Step slightly backward with left foot &
- 5 Cross right foot over in front of left
- 6 Step left foot to left (uncrossing feet)
- 7 Cross right foot over in front of left
- & Step back with left foot
- 8 Step together with right foot

HIP WALK, BACK SCOOT, COASTER STEP, STOMP HOOK PIVOTS

- 1&2 Step forward on left foot moving hip forward; move hips backward; move hips forward
- 3&4 Step forward on right foot moving hips forward; move hips backward; move hips forward 5 Step backward on left foot
- 6 Slide right foot home (don't take weight)
- & Scoot backward on left foot, raising right foot slightly off floor
- 7&8 Step backward on right foot; step backward on left foot; step forward on right foot
- 1& Stomp left foot in place; cross left foot slightly behind right calf
- 2 Pivot 1/2 to left on ball of right foot and kick left foot forward slightly
- 3&4 Step forward left; slide right foot to heel of left foot; step forward left
- 5& Stomp right foot; cross right foot slightly behind left calf
- 6 Pivot ¹/₂ to right on ball of left foot and kick right foot forward slightly
- 7 Walk forward right
- 8 Walk forward left

REPEAT

墙数:4





