

Now Or Never

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate / Advanced cha cha
编舞者: Kathy Hunyadi (USA)
音乐: Groove With Me Tonight (Pablo Flores Spanglish Radio Mix) - MDO



Dance starts right after the heavy beat kicks in. As they say "Its now or never girl..."

CHA-CHA BASIC, CROSSOVER BREAK, SIDE TOGETHER

1-2-3 Step right to side, rock left forward, recover to right
4&5 Step left to side, step right together, step left to side
6-7 Cross/rock right over left, recover to left
8& Step right to side, step left together

RIGHT TURN ¼, RIGHT TURN ½, TRIPLE FORWARD, ROCK N' ROLL CHA-CHA

1-2-3 Turn ¼ right and step right forward, step left forward, turn ½ right (weight to right)
4&5 Shuffle forward left, right, left

Make that shuffle forward in 3rd position

ROCK N' ROLL

These are done with cha-cha timing. Bend your knees, use your hips.

6-7 Rock right forward, recover to left
8&1 Rock right forward, recover to left, rock right forward
2-3 Rock left forward, recover to right

CROSSING TRIPLE BACK, REVERSE TURN ½ RIGHT, RIGHT TURN ½, STEP TOGETHER

4&5 Step left back, lock right over left, step left back
6-7 Turn ½ right and step right forward, turn ½ right and step left back
8& Step right slightly forward, step left together

TOUCH, CROSS; TOUCH, CROSS; LOCKING TRIPLE FORWARD; LOCKING TRIPLE FORWARD

1-2 Touch right toe to side, cross right over left
3-4 Touch left toe to side, cross left behind right
5&6 Step right forward, lock left behind right, step right forward
7&8 Step left forward, lock right behind left, step left forward

REPEAT