# **Nude Scoot**



编舞者: Roy Greene (USA)

音乐: One Way Ticket - LeAnn Rimes



#### STOMP, STOMP

1-2 Weight on right foot, stomp left foot twice

### SIDE, HOOK, SIDE, BEHIND, SIDE, TOUCH

3	Weight remaining on right foot, touch, point left toe out to left side
4	Weight remaining on right foot, hook left leg over right shin
5	Weight remaining on right foot, touch, point left toe out to left side
6	Weight remaining on right foot, hook left leg behind right shin
7	Weight remaining on right foot, touch, point left toe out to left side
8	Weight remaining on right foot, touch left toe next to right foot

## SIDE, HITCH, CROSS, HOLD

9	Weight remaining on right foot, touch, point left toe out to left side
10	Weight remaining on right foot, hitch left knee diagonally across right leg
11	Step left foot down over right foot, weight on left foot

12 Hold

# SIDE, HITCH, CROSS, HOLD

13	Weight remaining on left foot, touch, point right toe out to right side
14	Weight remaining on left foot, hitch right knee diagonally across left leg
15	Step right foot down over left foot, weight equally on balls of both feet
16	Hold

## TWIST, TWIST, TURN AROUND

17	Weight equally on balls of both feet, with feet crossed, swivel heels right
18	Weight equally on balls of both feet, with feet still crossed, swivel heels left

Weight equally on balls of both feet, with feet still crossed, swivel heels right, beginning ½ left

turn

20 Complete ½ left turn, unwinding, weight ending on right foot

### STEP, SLIDE, STEP, TOUCH

21	Step left foot forward, weight on it
22	Slide right foot up behind or next to left foot, weight on right foot
23	Step left foot forward, weight on it
24	Weight remaining on left foot, touch right toe next to left foot

## BACK, HEEL AND TOUCH, BACK, HEEL AND TOUCH \*

25	Step right foot back, weight on it
26	Weight remaining on right foot, tap left heel forward
27	Step left foot next to right foot, weight on left foot
28	Weight remaining on left foot, touch right toe next to left foot
29-32	Reneat stens 25-28 (see variation)

### VINE, 2, TURN, BRUSH

33	Step right foot to right side, weight on it
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Cross left foot behind right foot, weight on left foot

Begin ½ right turn by stepping right foot ½ right, weight on it

36 Complete right turn, brushing left foot next to right foot, left foot remaining slightly raised

#### SCOOT, SCOOT, STOMP, STOMP

37-38 With left foot remaining slightly raised, scoot back twice on right foot

39 Stomp left foot next to right foot, weight on left foot

40 Stomp right foot next to left foot, weight ending on right foot (men place fists on hips at this

time)

# HANGING OUT-WOMEN'S STEPS GRAB BLOUSE & PULL IT OFF!

Weight on both feet, cross right hand to left hip
Weight on both feet, cross left hand to right hip

43-44 Raise hands up & over head, kinda' wiggling hips, as if wriggling out of blouse

### SHAKE 'EM FRONT, SHAKE 'EM BACK!

45-46 Weight equally on both feet, bend forward from waist and shimmy shoulders for 2 counts

47-48 Straighten up, shimmying back, weight ending on right

#### HANGING OUT -MEN'S STEPS

#### HIP, HIP, HIP, HOLD

Weight on both feet, fists already at hips, slide right hand down a little, left hand down a little;

right down (simulating removal of pants)&hold, weight ending on right foot (see variations)

#### LOOK AT ME, LOOK AT ME! (HEEL, HOME/HEEL, HOME)

Weight on right, tap left heel 45 degrees diagonally forward

46 Step left foot next to right foot, weight on left foot

Weight on left, tap right heel 45 degrees diagonally forward

48 Step right foot next to left foot, weight on right foot

Depending on stance or spread of legs, this will be a kind of "bragging move"

#### **REPEAT**

VARIATIONS (especially for music other than NUDE BOOTSCOOTIN') Dancers might do hip bumps or body rolls on Steps 41-44 or substitute any favorite fast 8 count for steps 41-48

Substitute 2 sets of double time BACK HEEL AND TOUCH on steps 29-32, for the one single time set