

Off The Floor

拍数: 60 墙数: 0 级数:
编舞者: Thomas O'Dwyer (AUS)
音乐: I See It Now - Tracy Lawrence



- 1-2 Step left to left, rock onto right with $\frac{1}{2}$ turn to left
3-4 Step left to left, step right across left
5&6 Hold, small step on left to left, step right across left
- 1-2 Step left to left, rock onto right with $\frac{1}{2}$ turn to left
3-4 Step left to left, step right across left
5&6 Hold, small step on left to left, step right across left
- 1-3 Step left to left, rock onto right with $\frac{1}{2}$ turn to left, step left to left
& Turn $\frac{1}{2}$ turn to left stepping right to right
4-6 Turn $\frac{1}{2}$ turn to left stepping left forward, step forward on right, step left beside right
- 1-2 Step right forward at 45 degrees, rock back onto left
3-4 Rock forward onto right, step left forward at 45 degrees
5-6 Rock back onto right, rock forward onto left
- 1-2 Step right back, slide left toe beside right
&3 Step on ball of left, step right back
4-6 Step left back, rock forward onto right, rock back onto left
- 1-2 Step right back, slide left toe beside right
&3 Step on ball of left, step right back
4-6 Rock forward onto left, rock back onto right, rock forward onto left
- 1-2 Step right forward, turn a full full turn to left on right foot (left foot remains off floor for turn)
&3 Step down on left, step right forward
4-6 Step left forward, rock back onto right, turn $\frac{1}{2}$ turn left and step left forward
- 1-2 Step right to right, rock onto left with a $\frac{1}{2}$ turn to right
3 Step right to right with a $\frac{1}{2}$ turn to right
4-5 Step left to left, rock onto right with a $\frac{1}{2}$ turn to left
6 Turn $\frac{1}{4}$ turn to left and step forward on left
- 1-2 Step right forward at 45 degrees, rock back onto left
&3 Step ball of right across behind left, rock onto left
4-5 Step right forward at 45 degrees, rock back onto left
6 Turn $\frac{1}{2}$ turn to right stepping forward on right
- 1-2 Step left forward at 45 degrees, rock back onto right
&3 Step ball of left across behind right, rock onto right
4 Step left forward with a $\frac{1}{4}$ turn to right
5-6 Turn $\frac{1}{2}$ turn to right and step right to right, slide left beside right

REPEAT