Off The Rail

拍数: 32   **墙数:** 2   **级数:** Beginner

编舞者: Jan Wyllie (AUS)

音乐: Bar Exam - The Derailers

1-4	Step right to right, step left behind right, step right to right, hitch left (vine right)
5-8	Step left to left, step right behind left, step left to left, hitch right (vine left)
9-12	Step back right, left, right hitch left (vine back)
13-16	Walk forward left, right, left stomp right beside left (vine forward)
17-18	Turn heels apart (right heel to right, left heel to left), return heels together
19-20	Turn heels apart (right heel to right, left heel to left), return heels together
21-22	Touch right heel forward, step right beside left
23-24	Touch left heel forward, step left beside right
25-26	Step back on right toe, drop right heel to floor (toe strut)
27-28	Step back on left toe, drop left heel to floor (toe strut)
29-30	Step back on right toe, drop right heel to floor (toe strut)
31-32	Step back on left, touch right beside left keeping weight on left

When you can manage the first 32 counts and know it well, you can learn the next 32 counts - which makes it a 2 wall dance

33-36	Rock/step right to right, rock/return weight to left, step forward on right, hold
37-40	Rock/step left to left, rock/return weight to right, step forward on left, hold
41-44	Rock/step forward on right, rock back on left, step back on right, hold
45-48	Rock/step back on left, rock forward on right, step forward on left, hold
49-52	Step forward on right, scuff left forward, step forward on left, scuff right forward
53-56	Step forward on right, hold, pivot ¼ left transferring weight to left, hold
57-60	Step forward on right, hold, pivot ¼ left transferring weight to left, hold
61-64	Step forward on right, scuff left forward, step forward on left, touch right beside left

REPEAT