Off The Wall



拍数: 40 墙数: 2 级数:

编舞者: Unknown

音乐: Fast As You - Dwight Yoakam



RIGHT BUMP, RIGHT BUMP, LEFT BUMP, LEFT BUMP

With right foot slightly forward, bump right hip forward.
 With right foot slightly forward, bump right hip forward.
 With right foot slightly forward, bump left hip backward.
 With right foot slightly forward, bump left hip backward.

RIGHT, BUMP, LEFT, BUMP

With right foot slightly back, bump right hip forward.
 With right foot slightly back, bump right hip forward.
 With right foot slightly back, bump left hip backward.
 With right foot slightly back, bump left hip backward.

RIGHT VINE, CROSS, STEP, HOOK BEHIND, TOUCH, HOOK FRONT

9 Step right foot to the right side.
10 Cross left foot behind right foot.
11 Step right foot to the right side.
12 Cross left foot in front of right foot.
13 Step right foot to the right side.
14 Hook left foot behind right foot.
15 Touch left foot to left side.
16 Hook left foot in front of right foot.

LEFT VINE, STOMP

Step left foot to the left side.
Cross right foot behind left foot.
Step left foot to the left side.
Stomp right foot next to left foot.

JUMP, JUMP, TURN, CLAP**

21 Jump in place landing with both feet apart.

Jump in place landing with right foot crossed over left foot.

23 Pivot ½ turn to the left, which will uncross your feet.

24 Clap.

RIGHT VINE, STOMP, LEFT VINE, STOMP

25 Step right foot to the right side. 26 Cross left foot behind right foot. 27 Step right foot to the right side. 28 Stomp left foot next to right foot. 29 Step left foot to the left side. 30 Cross right foot behind left foot. 31 Step left foot to the left side. 32 Stomp right foot next to left foot.

STEP BACK RIGHT, LEFT, RIGHT, STOMP

33 Step back on right foot.

34	Step back on left foot.
35	Step back on right foot.

36 Stomp left foot next to right foot.

STEP, SLIDE, STEP, STOMP

37 Step forward on left foot.

38 Slide right foot next to left foot.

39 Step forward on left foot.

40 Stomp right foot slightly in front of left foot.

REPEAT

** VARIATION (instead of jumping): TOUCH, CROSS, TURN, CLAP

Touch right toe to right side.

22 Cross right foot in front of left foot.

23 Pivot ½ turn to the left, which will uncross your feet.

24 Clap.