

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Dougie D (UK)
音乐: American Offline - Hank Williams, Jr.



LEFT OVER RIGHT, BACK RIGHT, ¼ TURN LEFT, SAILOR STEP, RIGHT OVER LEFT, BACK LEFT ¼ TURN RIGHT, SAILOR STEP

1-2 Cross left over right, step back on right with ¼ turn left
3&4 Step left behind right, step right in place, step left beside right
5-6 Cross right over left, step back on left with ¼ turn right
7&8 Step right behind left, step left in place, step right beside left

KICK BALL STEP, HEEL SWIVELS, FORWARD ROCK, COASTER STEP

1&2 Kick left leg forward, step left beside right, step forward on right
3-4 Push both heels out, push both heels in
5-6 Rock forward on left, recover on right
7&8 Step back on left, step right beside left, step forward on left

WALK FORWARD RIGHT, LEFT SAILOR STEP, WALK LEFT, RIGHT, SAILOR HEEL

1-2 Walk forward on right, walk forward on left
3&4 Step right behind left, step left in place, step right beside left
5-6 Walk forward on left, walk forward on right
7&8& Step left behind right, step right in place, step left heel beside right, step right in place

CROSS RIGHT OVER LEFT AND HOLDX2, ROCK LEFT, RECOVER ON RIGHT, CROSS SHUFFLE

1-2 Cross right over left, hold one count
&3-4 Step left behind right, cross right over left, hold for one count
5-6 Step and rock left to left side, recover on right
7&8 Cross rock to right side, left, right, left

STEP TO RIGHT SIDE CLAP AND HOLDX2, FORWARD ROCK, SHUFFLE ½ TURN LEFT

1-2& Step right to right side, clap and hold for one count step left beside right
3-4 Step right to right side, clap and hold for one count
5-6 Rock forward on left, recover on right
7&8 Shuffle ½ turn left: left, right, left

STEP ½ TURN TWICE, ½ MONTEREY

1-2 Step forward on right, swivel ½ turn left
3-4 Step forward on right, swivel ½ turn left
5-6 Point right to right side, turn ½ right, stepping right beside left
7-8 Point left to left side, step left beside right

STEP TO RIGHT SIDE, ¼ TURN LEFT, KICK BALL CHANGE, RIGHT ROCK, CROSS SHUFFLE

1-2 Step right to right side, on both feet swivel ¼ turn left
3&4 Kick right leg forward, step right beside left, step left in place
5-6 Rock to right side, rock to left
7&8 Cross rock to left: right, left, right

ROCK LEFT, RECOVER RIGHT, BEHIND SIDE CROSS, ROCK RIGHT, RECOVER LEFT, CROSS FRONT SIDE ROCK

1-2 Rock left to left side, recover on right
3&4 Cross left behind right, step right to right side, cross left across right

5-6 Rock right to right side, recover on left
7&8 Cross right over left, step left to left side, step right in place (weight on right)

REPEAT

RESTART

After second wall, dance first two sections (16 counts) of third wall then start dance again
