# O.F.T. - Oil Field Trash



拍数: 64 墙数: 4 级数: Intermediate

编舞者: John "Grrowler" Rowell (UK) 音乐: Honkytonk U - Toby Keith



## RIGHT-LOCK-STEP, LEFT-LOCK-STEP, RIGHT SAILOR STEP, LEFT SAILOR STEP

| 1&2 | Step right forward on right diagonal, lock left behind right, step right forward on right diagonal |
|-----|--|
| 3&4 | Step left forward on left diagonal, lock right behind left, step left forward on left diagonal     |

5&6 Step right behind left, step left in place, step right to right 7&8 Step left behind right, step right in place, step left to left

## BEHIND-FULL UNWIND, ROCK-RECOVER, BEHIND-SIDE-FRONT, ROCK-RECOVER & HOOK

1-2 Cross right behind left, unwind full turn right

3-4 Rock forward left, recover right

5&6 Step left behind right, step right to right, step left across front of right

7-8& Rock forward right, recover left, hook right across left shin

Restart the dance from here during 3rd wall after short instrumental break. (facing 3:00)

## ROCK-RECOVER, BACK-LOCK-STEP, BACK-1/2 PIVOT, KICK BALL CROSS

| 1-2 F | ock forward right, recover left |
|-------|---------------------------------|
|-------|---------------------------------|

| 3&4 | Step right back, lock left across front of right, step right back   |
|-----|---|
| 5-6 | Touch left toe back, pivot ½ turn left taking weight on left (6:00) |

7&8 Kick right forward, step on ball of right in place, cross left over front of right

#### SIDE-1/2 HINGE TURN, CROSS ROCK-RECOVER, THREE STEP FULL TURN-TOUCH

| 4.0 |                      |                              |   |
|-----|----------------------|------------------------------|---|
| 1-2 | Step right to right. | on ball of right pivot 1/2 t | turn left stepping left to left (12:00) |

3-4 Cross rock right over front of left, recover on right

5-6 Step right ¼ right, on ball of right pivot ½ turn right stepping back left (9:00)
7-8 On ball of left pivot ¼ right stepping right to right, touch left next to right (12:00)

The second ½ of the dance is a mirror image of the first 32 counts with an extra turn on last steps

### LEFT-LOCK-STEP, RIGHT-LOCK-STEP, LEFT SAILOR STEP, RIGHT SAILOR STEP

| 1&2 | Step left forward on left diagonal, lock right behind left, step left forward on left diagonal     |
|-----|--|
| 3&4 | Step right forward on right diagonal, lock left behind right, step right forward on right diagonal |
| 586 | Sten left hehind right, sten right in place, sten left to left                                     |

Step left behind right, step right in place, step left to left

Step right behind left, step left in place, step right to right

## BEHIND-FULL UNWIND, ROCK-RECOVER, BEHIND-SIDE-FRONT, ROCK-RECOVER & HOOK

| 1-2 | Cross left behind right, unwind full turn left |  |
|-----|--|--|
|     |  |  |

3-4 Rock forward right, recover left

Step right behind left, step left to left, step right across front of left

7-8& Rock forward left, recover right, hook left across right shin

### ROCK-RECOVER, BACK-LOCK-STEP, BACK-1/2 PIVOT, KICK BALL CROSS

| 1-2 | Rock forward left, | recover right |
|-----|--------------------|---------------|
|     |                    |               |

3&4 Step left back, lock right across front of left, step left back

Touch right toe back, pivot ½ turn right taking weight on right (6:00)

Kick left forward, step on ball of left in place, cross right over front of left

#### SIDE-1/2 HINGE TURN, CROSS ROCK-RECOVER, THREE STEP ONE & A 1/4 TURN-TOUCH

1-2 Step left to left, on ball of left pivot ½ turn right stepping right to right (12:00)

3-4 Cross rock left over front of right, recover on left

- 5-6 Step left ½ left, on ball of left pivot ½ turn left stepping back right (3:00)
- 7-8 On ball of right pivot ½ left stepping right forward, touch left next to right (9:00)

# **REPEAT**

The title of the dance is part of a line in the lyrics. I've worked in The North Sea's "Ninian" oilfield for over 25 years. So I suppose I qualify as "Oil Field Trash"