

Okey-Dokey

拍数: 32 墙数: 1 级数:
编舞者: Russ Garber (USA)
音乐: The Tulsa Shuffle - The Tractors



When dancing to "Tulsa Shuffle" wait 16 counts after the singer's count.

HOOK, KICK, LINDY (SIDE TOGETHER SIDE, SHUFFLE)

- 1 Hook (mid shin) left over right
- 2 Kick left forward
- 3&4 Facing forward, traveling side left, shuffle left right left
- 5 Hook (mid shin) right over left
- 6 Kick right forward
- 7&8 Facing forward, traveling side right, shuffle right left right

FORWARD SHUFFLE, ½ TURN

- 9&10 Shuffle forward left right left
- 11 Step forward on ball of right
- 12 Pivot ½ turn left (6 o'clock), changing weight to left

FORWARD SHUFFLES

- 13&14 Shuffle forward right left right
- 15&16 Shuffle forward left right left

BUG CRUSHER (HEEL GRIND), TRIPLE (SHUFFLE IN PLACE)

- 17 Step forward on right heel (toe turned in toward left- slightly lifting left)
- 18 Grind (twist) right heel right, stepping down on left
- 19&20 Stepping right to center, shuffle (in place) right left right
- 21 Step forward on left heel (toe turned in toward right- slightly lifting right)
- 22 Grind (twist) left heel left, stepping down on right
- 23&24 Stepping left to center, shuffle (in place) left right left

TOE POINTS (TOUCHES), TRIPLE (SHUFFLE IN PLACE)

- 25 Touch (point) right toe forward
- 26 Touch (point) right toe out to right side
- 27&28 Stepping back on right past center, shuffle in place right left right

FORWARD SHUFFLE, ½ TURN, FORWARD SHUFFLE

- 29&30 Shuffle forward left right left
- 31&32 On ball of left, making ½ turn right (12 o'clock), shuffle forward right left right

REPEAT
