

On My Mind

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate mixed rhythm
编舞者: Bill McGee (USA)
音乐: Every Little Thing I Do - Soul 4 Real



WALK, WALK, TOUCH, &, KICK, SAILOR LEFT, ½ TURN SAILOR RIGHT

- 1-2 Step forward on right, step forward on left
- 3&4 Touch right behind left, step right behind left, kick left forward
- 5&6 Sweeping left to left step left behind right, step right to right, step left to left
- 7&8 Sweeping right to right step right behind left making ¼ turn right, step left to right, step right slightly forward making ¼ turn right

WALK, WALK, TOUCH, &, KICK, SAILOR RIGHT, ½ TURN SAILOR LEFT

- 9-10 Step forward on left, step forward on right
- 11&12 Touch left behind right, step left behind right, kick right forward
- 13&14 Sweeping right to right step right behind left, step left to left, step right on right
- 15&16 Sweeping left to left step left behind right making ¼ turn left, step right next to left, step left slightly forward making ¼ turn left

FORWARD, FORWARD, BEHIND, & CROSS, LEFT, RIGHT, LEFT, RIGHT, LEFT, RIGHT

- 17 Step forward on right at 45 degree rolling right knee & hip from left to right
- 18 Step forward on left at 45 degree rolling left knee & hip from right to left
- 19&20 Step right behind left, step left to left, cross step right over left
- 21&22 Step forward on left at 45 degree leading with left hip, step right up behind left, step forward on left
- 23&24 Step forward on right at 45 degree leading with right hip, step left up behind right, step forward on right

CROSS, BACK, SIDE, CROSS, SIDE, BEHIND, ROCK, RECOVER

- 25-28 Cross left over right, step back on right, step left on left, cross right over left
- 29-32 Step left to left, step right behind left, sway left on left, sway right on right

ROCK, RECOVER, BEHIND, & CROSS, RIGHT, LEFT, RIGHT, LEFT, RIGHT, LEFT

- 33-34 Sway left on left, sway right on right
- 35&36 Step left behind right, step right to right, cross left over right
- 37&38 Step forward on right at 45 degree leading with right hip, step left up behind right, step forward on right
- 39&40 Step forward on left at 45 degree leading with left hip, step right up behind left, step forward on left

CROSS, BACK, SIDE, CROSS, SIDE, BEHIND, ¼ TURN, ¼ TURN

- 41-44 Cross right over left, step back on left, step right on right, cross left over right
- 45-48 Step right to right, step left behind right, turn ¼ right on right, turn ¼ right stepping on left

FORWARD, FORWARD, CROSS, BACK, SIDE, FORWARD RIGHT, LEFT, RIGHT, FORWARD LEFT, RIGHT, LEFT

- 49 Step forward right on 45 degree rolling right knee,
- 50 Step forward left on 45 degree rolling left knee
- 51&52 Cross right over left, turn ¼ right stepping left to left, step right to right
- 53&54 Step forward on left at 45 degree leading with left hip, step right up behind left, step forward on left

55&56 Step forward on right at 45 degree leading with right hip, step left up behind right, step forward on right

FORWARD, FORWARD, CROSS, BACK, SIDE, FORWARD RIGHT, LEFT, RIGHT, FORWARD LEFT, RIGHT, LEFT

57 Sep forward left on 45 degree rolling left knee

58 Step forward right on 45 degree rolling right knee

59&60 Cross left over right, turn ¼ left stepping right to right, step left to left

61&62 Step forward on right at 45 degree leading with right hip, step left up behind right, step forward on right

63&64 Step forward on left at 45 degree leading with left hip, step right up behind left, step forward on left

REPEAT
