On My Way

拍数: 32

级数: Improver

编舞者: Misti Regal (USA)

音乐: I'm On My Way - The Proclaimers

WALK BACK, BACK, TOUCH TURN, TOUCH STEP, COASTER

- 1-4 Walk back left, back right, touch left toe to side, turn ¼ left(9:00) and step back left
- 5-6-7&8 Touch right toe to side, step back right, left coaster(left-right-left)

WALK FORWARD, FORWARD, ½ MONTEREY TURN, SYNC. SIDE ROCK CROSS TWICE

- 1-4 Walk forward right, forward left, touch right toe to side, turn ½ to right(3:00) and step right
- 5&6 Step left to side, recover on right, cross left in front of right
- 7&8 Step right to side, recover on left, cross right in front of left

STEP, ½ TURN WITH KICKS, COASTER, PIVOT ½

- 1-4 Step left forward, kick right to front, turn ¼ to right(6:00) and kick right to front, turn ¼ to right(9:00) and kick right to front (weight stays on left during kicks)
- 5&6-7-8 Right coaster (right-left-right), step left forward, pivot ½ to right(3:00) and shift weight to right

PIVOT ½, SHUFFLE TURN ½, BACK ROCK, FORWARD COASTER

- 1-2 Step left forward, pivot 1/2 to right(9:00) and shift weight to right
- 3&4 Shuffle left-right-left while turning ½ to right(3:00)
- 5-6-7&8 Rock back on right, recover onto left, forward right coaster

REPEAT





墙数:4