One Arm Sally (P)



编舞者: Unknown 音乐: Any Cha-cha



Position: Lady stands to man's left. Hold lady's right hand in man's left hand

1-2	Step forward on left, step together on right
3-4	Step forward on left, step together on right
5-6	Rock forward on left, rock back on right
7&8	Cha-cha backward left, right, left
1-2	Rock backward on right, rock forward on left
3&4	Cha-cha forward right, left, right making a ½ turn to the left
Man raises left arm, lady makes ½ turn under arms	
5&6	Rock backward on left, rock forward on right
7&8	Cha-cha forward left, right, left making a ½ turn to the right
Man raises left arm, lady makes ½ turn under arms	
1-2	Rock backward on right, rock forward on left
3&4	Cha-cha forward right, left, right making a ½ turn to the left
Man raises left arm, lady makes ½ turn under arms	
5&6	Rock backward on left, rock forward on right

1-2 Rock backward on right, rock forward on left

3&4 Cha-cha in place right, left, right making a ¼ turn to the left

Cha-cha forward left, right, left making a ½ turn to the right

Man's cha-cha steps are longer to maintain side by side

Man raises left arm, lady makes ½ turn under arms

REPEAT

7&8