

# One More Time

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Terry Hogan (AUS)  
音乐: One More Time Tonight - Adam Brand



- |        |   |
|--------|---|
| 1-2-3  | Vine right right-left-right   |
| 4&5    | Shuffle to the left side left-right-left  |
| 6      | Hold  |
| &7-8   | Step right beside left, step left to the side, rock-step right foot across in front of left             |
| 9      | Rock-replace weight back onto left foot   |
| 10&11  | Shuffle backward and toward right diagonal right-left-right   |
| 12     | Step left foot backward and toward right diagonal (crossed behind right)                                |
| 13     | Make $\frac{1}{4}$ turn right and step right foot forward   |
| 14-15  | Step left forward, make $\frac{1}{2}$ pivot turn right stepping forward on right foot                   |
| &16    | Step slightly backward on ball of left, step right foot across in front of left                         |
| 17-18& | Rock-step left foot to the side, rock-replace weight on right, step left beside right foot              |
| 19-20& | Rock-step right foot to the side, rock-replace weight on left, step right beside left foot              |
| 21-22& | Rock-step left foot to the side, rock-replace weight on right, step left beside right foot              |
| 23     | Make $\frac{1}{4}$ turn right and step right foot forward   |
| 24-25  | Step left foot forward, make $\frac{1}{2}$ pivot turn right stepping forward on right foot              |
| 26-27  | Rock-step left foot forward, rock backward onto right   |
| 28     | Step left foot backward   |
| 29&30  | Step right across in front of left, step left to side, step right across front of left (cross shuffle)  |
| 31&32  | Step to the side on ball of left foot, step right slightly backward, step left across in front of right |

## REPEAT

## TAG

**On the 3rd wall after the instrumental section (you will be facing the back wall)**

- 1-4      Step side right, slide left beside right, step side right, slide left beside right

## FINISH

To finish the dance facing front, do counts 1-5 as per above, then step right across in front of left, unwind making  $\frac{1}{2}$  turn left to face front and step onto left foot.