

# One More!

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Barbara R. K. Wallace (CAN)  
音乐: One More Day - Diamond Rio



## RIGHT LOCK AND HOLD, LEFT LOCK AND HOLD, RIGHT BOX BACK

- 1-4      Step forward on right foot, lock left behind right, step forward on right foot, hold
- 5-8      Step forward on left foot, lock right behind left, step forward on left foot, hold
- 9-12      Step side right, step together on the left, step back on the right and hold
- 13-16      Step side left, step together on the right, step forward on the left and hold

## WEAVE LEFT, RONDE, WEAVE RIGHT WITH ¼ TURN RIGHT, RIGHT MAMBO FORWARD, LEFT MAMBO BACK

- 17-20      Cross right over left, step side left, cross right behind left, sweep left toe in a semi-circle to the left
- 21-24      Finish sweep by stepping left foot down behind right foot, step side right, step forward on left foot as you make ¼ turn to the right
- 25-28      Rock forward on the right, recover weight on the left, step right beside left, hold
- 29-32      Rock back on the left, recover weight on the right, step left beside right, hold

## HINGE STEPS TO RIGHT, ROCK BACK AND RECOVER, HINGE STEPS TO LEFT, ROCK BACK AND RECOVER

- 33-34      Step side right, hold
- 35-36      Make ½ turn right on ball of right foot and step left foot to left side, hold
- 37-38      Make ½ turn left on ball of left foot and step right foot to right side, hold
- 39-40      Rock back left, recover weight on right
- 41-42      Step side left, hold
- 43-44      Make ½ turn left on ball of left foot and step right foot to right side, hold
- 45-46      Make ½ turn right on ball of right foot and step left foot to left side, hold
- 47-48      Rock back right, recover weight on left

## RIGHT VINE 3 AND HOLD, LEFT CUCARACHA, PIVOT AND STEP, HOLD, PIVOT AND STEP, HOLD

- 49-52      Step side right, step left behind, step side right, hold
- 53-56      Press and grind ball of left foot to left side, as if squishing a bug, as you lean your weight onto the left foot (two counts) recover on the right foot and step on left foot beside the right foot
- 57-60      Step forward on right foot, ½ pivot to the left, step forward on the right foot, hold
- 61-64      Step forward on left foot, ½ pivot to the right, step forward on left foot, hold

## REPEAT

## RESTART

During the third sequence, complete the first 28 counts then rock back on the left foot for an "&" count and start the dance again with the right lock forward

## ENDING

Last sequence ends at the 9:00 wall. Do a slow right jazz box making a ¼ turn right to face the front wall