

# One Smooth Cha-Cha

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Ryan Cooner (USA)  
音乐: Smooth (feat. Rob Thomas) - Santana



1st Place Choreography, 1999 Dallas Dance Festival

## **SIDE, ROCK BACK, RECOVER, SIDE CROSS CHA-CHA, ROCK FORWARD, RECOVER, STEP, ½ PIVOT LEFT**

1-3      Step left foot to left side, rock back on right foot, recover weight forward to left foot  
4&5      Step right to right side, cross left behind right, step right to right side  
6-7      Rock forward on left foot, recover weight to right foot  
8&1      Step left beside right instep, small step forward on right, pivot ½ turn left onto left foot

## **STEP, LOCK, FORWARD LOCK CHA-CHA, ¼ PIVOT RIGHT, SIDE CROSS CHA-CHA**

2      Step forward on right foot  
3      Lock left foot behind right  
4&5      Step forward on right foot, lock left foot behind right, step forward on right foot  
6-7      Step forward on left foot, turn ¼ right onto right foot  
8&1      Cross left behind right foot, step right foot to right side, cross left foot over right foot

## **TOE POINTS, ¼ RONDE RIGHT, ROCK FORWARD, RECOVER, CROSS BACK LEFT**

2-3      Touch right toe pointed to right side, touch right toe forward  
4      Sweep right foot in arc to right side while beginning ¼ turn to right on ball of left foot  
5      Step right beside left foot, finishing ¼ turn  
6-7      Rock forward on left foot, recover weight to right foot  
8&1      Cross left foot over right foot, step back on right foot, slightly to right side, step back on left foot

## **CROSS BACK RIGHT, KICK-BALL-POP, HEEL JACK, ¼ RONDE LEFT**

2&3      Cross right foot over left foot, step back on left foot, slightly to left side, step back on right foot  
4&5      Kick left foot forward, step left in place, touch right toe beside left foot, popping right knee forward  
&6      Step back on right foot, touch left heel forward  
7      Putting weight on ball of left foot, sweep right foot in arc and begin ¼ turn left  
8      Finish ¼ turn by stepping right foot next to left

## **REPEAT**

## **TAG**

When doing this dance to "Smooth" by Carlos Santana, there is a 4-count tag at 2:48. This tag is to be done with ATTITUDE!

## **STOMPS IN PLACE WITH CLAPS, MAMBO RIGHT, CROSS RIGHT OVER LEFT**

1&2      Stomp in place left, right, left while clapping hands over head  
3&4      Quickly rock right onto right foot, recover to left foot, cross right foot over left foot.