

# One Song

**COPPER** KNOB  
STEPPERS

拍数: 32      墙数: 2      级数: Advanced  
编舞者: Terry Hogan (AUS)  
音乐: One Song - John Berry



Sequence: 32, 32, TAG-4, 32, RESTART-7&, 32, TAG-4, 32, 32, 20

## **SIDE, RIGHT SAILOR, LEFT FORWARD COASTER, CROSS, BACK, BACK, CROSS, ¾R UNWIND**

- 1                      Long step side on left allowing right foot to drag toward left
- 2&3                  Step right across behind left, step on ball of left to the side, replace weight stepping slightly forward onto right
- 4&5                  Step left forward, step right beside left, step left backward toward left diagonal
- &-6                  Step right backward to cross over left, step left backward to left diagonal
- &-7                  Step right backward to right diagonal, step left backward to cross over right
- 8                      Unwind making ¾ turn right taking weight on left foot - right foot is forward of left with heel raised and knee pushed forward - facing 9:00

## **FORWARD, ½ PIVOT LEFT, ¼ LEFT SIDE, BEHIND, ¼ RIGHT FORWARD, FORWARD, ½ PIVOT RIGHT, ¼ RIGHT SIDE, SIDE ½ LEFT, ¼ LEFT FORWARD, FORWARD, ¼ LEFT, CROSS**

- 9&                      Step right forward, make ½ pivot turn left taking weight onto left
- 10                     Make ¼ turn left and step right to the side
- 11&                    Step left across behind right, make ¼ turn right and step right forward
- 12&                    Step left forward, make ½ pivot turn right taking weight onto right
- 13                     Make ¼ turn right and rock-step left to the side - facing front
- 14&                    Push-rock sideward onto right and make ½ turn left, make ¼ turn left and step left forward - facing 3:00
- 15&16                Step right forward, make ¼ pivot turn left taking weight onto left, step right across in front of left - facing front

## **ROCK SIDE, REPLACE, CROSS FORWARD, ROCK SIDE, REPLACE, CROSS FORWARD, SIDE ¼ RIGHT, ROCK BACK, REPLACE, FORWARD, FORWARD, ROCK FORWARD ¼ LEFT, REPLACE SIDE**

- &17                    Rock-step left to the side, replace weight onto right stepping slightly forward
- &18                    Step left forward and across in front of right, rock-step right to the side
- &19                    Replace weight onto left stepping slightly forward, step right forward and across in front of left

**Note that counts 17-19 should move forward**

- &20                    Step left to the side making ¼ turn right, rock-step right foot backward
- 21-23                Step forward left-right-left
- 24&                    Rock-step forward right making ¼ turn left, replace weight sideward onto left

## **CROSS ROCK, REPLACE, SIDE, CROSS, SIDE, CROSS ROCK, REPLACE, ¼ LEFT FORWARD, ½ LEFT, BACK ROCK BACK, REPLACE, TOGETHER ¼ RIGHT**

- 25-26                Cross-rock right over left, replace weight back onto left
- &                      Step right to the side
- 27-28                Cross-rock left over right, replace weight back onto right
- 29&                    Make ¼ turn left and step left forward, make ½ turn left and step right beside left
- 30-31                Step back left, rock-step right backward
- 32                    Rock forward onto left
- &                      Step right beside left making ¼ turn right

**REPEAT**

**TAG**

**Both times facing front wall**

- 1-2                    Rock-step left to the side, replace weight on right making  $\frac{1}{4}$  turn right
- &3-4                  Turn  $\frac{1}{4}$  right and step left beside right, make  $\frac{1}{2}$  turn right and step right to the side, slide left to touch beside right

**RESTART**

For the restart it is necessary to alter the unwind to do a full turn instead of the usual  $\frac{3}{4}$ . The turn is actually done this time on count 7 as you cross left over right then add an "&" count as you complete the turn and step the right foot slightly to the right side before restarting. You will be facing the back wall.

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