One Thin Dime

拍数: 32

级数: Beginner polka

编舞者: Kirsi-Marja Vinberg (FIN)

音乐: One Thin Dime - Nancy Hays

TWO SHUFFLES FORWARD, ROCK STEP AND TURN ¼ RIGHT, SIDE SHUFFLE

- Step right forward, left together, right forward 1&2
- 3&4 Step left forward, right together, left forward
- 5-6 Step right forward, left in place and turn 1/4 to right
- 7&8 Step right to side, left together, right to side

WEAVE TO RIGHT, CROSSING SHUFFLE, SIDE ROCK STEP

- 1-4 Step left across right, right to side, left behind, right to side
- 5&6 Step left across right, right to right side, step left across right
- 7-8 Step right to side, left in place

WEAVE TO LEFT, CROSSING SHUFFLE, SIDE ROCK STEP

- 1-4 Step right across left, left to side, right behind, left to side
- 5&6 Step right across left, left to left, right across left
- 7-8 Step left to side, right in place

1/2 TURNING CROSSING SHUFFLE RIGHT, CROSSING SHUFFLE, MODIFIED CHARLESTON

- 1&2 Step left across right, step right ball to right and turn ¹/₂ right, step left to side(face 9:00)
- 3&4 Step right across left, left to left, right across left
- 5-6 Slide left toe from back to front, slide left toe from front to back and step left back
- 7-8 Touch right toe back, heel forward

REPEAT





墙数:4