One Toke Over The Line



拍数: 64 墙数: 2 级数: Improver

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音乐: One Toke Over the Line - Brewer & Shipley



CROSS-ROCK BEHIND, ROCK IN PLACE, STEP SIDE, LEFT, PAUSE, REPEAT OTHER SIDE

1-4 Left cross-rock behind right, right rock in place, left step side left, pause
5-8 Right cross-rock behind left, left rock in place, right step side right, pause

ROCK BACK, ROCK IN PLACE, STEP FORWARD, CROSS-STEP BEHIND

9-12 Left rock back, right rock in place, step left forward, right cross-step behind left

STEP FORWARD, STEP FORWARD, CROSS-STEP BEHIND, STEP FORWARD

13-16 Step left forward, step right forward, left cross-step behind right, step right forward

ROCK, ROCK, STEP TOGETHER, PAUSE, (FORWARD THEN BACK)

Left rock forward, right rock in place, left step next to right, pause Right rock back, left rock in place, right step next to left, pause

ROCK FORWARD, ROCK IN PLACE, ½ TURN, ½ TURN

25-28 Left rock forward, right rock in place, left step back into ½ turn right, right step forward into ½

turn left (turns should be done on toes and kept tight and close together)

STEP BACK, STEP TOGETHER, STEP FORWARD, STEP TOGETHER

29-32 Step left back, right step next to left, step left forward, right step next to left

STEP SIDE LEFT, STEP TOGETHER, 1/4 TURN LEFT, PAUSE

33-36 Left step side left, right step next to left, left step left into 1/4 turn left, pause

ROCK FORWARD, ROCK IN PLACE, 1/4 TURN RIGHT, STEP TOGETHER

37-40 Right rock forward, left rock in place, right step back into ¼ turn right, left step next to right

REPEAT THAT TO THE RIGHT

Right step side right, left step next to right, right step into ¼ turn right, pause

45-48 Left rock forward, left rock in place, left step back into ¼ turn left, right step next to left

STEP SIDE, STEP TOGETHER, STEP FORWARD, PAUSE, REPEAT THAT TO RIGHT AND BACK

Left step side left, right step next to left, step left forward, pause Right step side right, left step next to right, step right back, pause

ROCK BACK, ROCK IN PLACE, ½ TURN RIGHT, STEP SIDE RIGHT

57-60 Left rock back, right rock in place, left step forward into ½ turn right, right step side right and

slightly back

CROSS-STEP OVER RIGHT, STEP SIDE RIGHT, CROSS-STEP BEHIND RIGHT, STEP SIDE RIGHT

61-64 Left cross-step over right, right step side right, left cross-step behind right, right step side right

REPEAT