One Way Ticket



编舞者: Fran Girvan (AUS)

音乐: One Way Ticket - Eruption



WALK, WALK, SHUFFLE

1-2 Walk forward right, left

3&4 Shuffle forward right, left, right

ROCK, RECOVER, SHUFFLE

5-6 Rock forward onto left foot, recover weight back onto right foot

7&8 Shuffle back, left, right, left

ROCK, RECOVER, SIDE SHUFFLE

1-2 Rock to the side onto right foot, recover weight back onto left foot

3&4 Shuffle left across in front of left foot, right, left, right

ROCK, RECOVER, MODIFIED SAILOR STEP

5-6 Rock to the side onto left foot, recover weight back onto right foot

7&8 Step left foot behind right foot, step right foot to the right side, cross left foot over in front of

right foot

ROCK, RECOVER, 1/4 TURN, 1/2 TURN, 1/2 TURN

1-2 Rock to the side onto right foot, recover weight back onto left foot while turning 1/4 turn left

3-4 Step forward right foot turning ½ turn left, step forward left foot turning ½ turn left

ROCK, RECOVER, COASTER STEP

5-6 Rock forward onto right foot, recover weight back onto left foot

7&8 Step back onto right foot, step left foot along side right foot, step right foot forward

ROCK, RECOVER, SAILOR STEP

1-2 Rock to the side onto left foot, recover weight back onto right foot

3&4 Step left foot behind right foot, step right foot slightly to the right side, step left foot along side

right foot

STEP ½ TURN, STEP ½ TURN

5-6 Step forward on right foot, pivot turn ½ turn to the left 7-8 Step forward on right foot, pivot turn ½ turn to the left

REPEAT