

Only Time For You (P)

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 0 级数: Partner
编舞者: Bill Dodd & Mare Dodd (USA)
音乐: Only Time - Enya



Position: Closed Dance Position

ROCK; RECOVER; CHA; ROCK; RECOVER; CHA

- 1-2 **MAN:** Rock forward on left; recover back on right
 LADY: Rock back on right; recover forward on left
- 3&4 **MAN:** Cha/triple step left-right-left slightly back
 LADY: Cha/triple step right-left-right slightly forward
- 5-6 **MAN:** Rock back on right; recover forward on left
 LADY: Rock forward on left; recover back on right
- 7&8 **MAN:** Cha/triple step right-left-right slightly forward
 LADY: Cha/triple step left-right-left slightly back

ROCK; RECOVER (MAN); FULL TURN (LADY); CHA; ROCK; RECOVER CHA:

- 1-2 **MAN:** Rock forward on left; recover back on right
 LADY: Turn full turn to right; stepping right-left
- Man uses his left hand to turn lady; rejoin closed position after lady's turn**
- 3&4 **MAN:** Cha/triple step left-right-left slightly back
 LADY: Cha/triple step right-left-right slightly forward
- 5-6 **MAN:** Rock back on right; recover forward on left
 LADY: Rock forward on left; recover back on right
- 7&8 **MAN:** Cha/triple step right-left-right slightly forward
 LADY: Cha/triple step left-right-left slightly back

OPEN BREAK; CHA; OPEN BREAK; CHA:

- 1-2 **MAN:** Turning $\frac{1}{4}$ right; rock forward on left; recover back on right
 LADY: Turning $\frac{1}{4}$ left; rock forward on right; recover back on left
- Lady's right hand will be in man's left; other hands free**
- 3&4 **MAN:** Turning $\frac{1}{4}$ left to face partner again, cha/triple left-right-left to left
 LADY: Turning $\frac{1}{4}$ right to face partner again, cha/triple right-left-right to right
- Both hands will be rejoined at waist level**
- 5-6 **MAN:** Turning $\frac{1}{4}$ left; rock forward on right; recover back on left
 LADY: Turning $\frac{1}{4}$ right; rock forward on left; recover back on right
- Lady's left hand will be in man's right; other hands free**
- 7&8 **MAN:** Turning $\frac{1}{2}$ right; cha/triple step right-left-right to right
 LADY: Turning $\frac{1}{2}$ left; cha/triple step left-right-left to left
- As couple turns $\frac{1}{2}$, they will rejoin with their inside hands: lady's right in man's left**

STEP-PIVOT $\frac{1}{2}$; CHA

- 1-2 **MAN:** Step forward on left; pivot $\frac{1}{2}$ right
 LADY: Step forward on right; pivot $\frac{1}{2}$ left
- Couple will release hands during pivot & after pivot will join lady's left hand in man's right**
- 3&4 **MAN:** Cha/triple step forward left-right-left
 LADY: Cha/triple step forward right-left-right
- 5-6 **MAN:** Step right foot slightly back at 45 angle & to right side; cross left over right
 LADY: Begin $\frac{1}{2}$ turn by stepping left foot across in front of man, complete $\frac{1}{2}$ turn as she steps on right foot (lady faces man)
- During this turn, man make a "j hook" to turn lady to face him. He turns her by extending his right hand out at**

waist level to the right & then hooking it back toward his torso . Also, at this point, lady will be on man's left side

7&8 **MAN:** Cha/triple step forward right-left-right

LADY: Turning 1 & ½ left; cha/triple step left-right-left

Man will help lady with her turn by slightly pushing her off with his right hand. This will be a free spin for the lady & after the turn, rejoin lady's right hand in man's left

1-2 **MAN:** Rock forward on left; recover back on right

LADY: Rock forward on right; recover back on left

3&4 **MAN:** Cha/triple back left-right-left

LADY: Turning ½ right, cha/triple right-left-right

5-6 **MAN:** Rock back right; recover forward left

LADY: Step forward left; pivot ½ right

7&8 **MAN:** Turning ¼ left; cha/triple right-left-right to right side

LADY: Turning ¼ right; cha/triple left-right-left to left side

REPEAT
