

Ooh La La

拍数: 32 墙数: 4 级数: Improver
编舞者: Eddie Ainsworth (UK) & Alan Clarke (UK)
音乐: Ooh la La - The Wiseguys



RIGHT, KICK BALL FORWARD, TOUCH, SLIDE, LEFT KICK BALL FORWARD, TOUCH, SLIDE

- 1&2 Kick right forward, step back on ball of foot, step left foot forward
3-4 Touch right toe forward (slightly bending left knee), slide right toe back next to left foot (straightening left knee)
5&6 Kick left forward, step back on ball of foot, step right foot forward
7-8 Touch left toe forward (slightly bending right knee), slide left toe back next to left foot (straightening right knee)

KNEE ROLLS TWICE ¼ TURN, RIGHT MAMBO STEP, LEFT MAMBO STEP

- 9-10 Step right slightly forward, roll knee 1/8 of a turn left
11-12 Repeat counts 9 - 10, ending up with a ¼ left
13&14 Rock forward on right, recover weight on left, step right next to left
15&16 Rock back on left, recover weight on right, step left next to right

RIGHT SIDE, TOGETHER, SIDE, CROSS CHA-CHA, LEFT SIDE, TOGETHER, SIDE, CROSS CHA-CHA

- 17&18 Touch right toe to right side, touch right toe next to left, touch right toe to right side
19&20 Cross right foot over left, step left to left side, cross right foot over left
21&22 Touch left toe to left side, touch left toe next to right, touch left toe to left side
23&24 Cross left foot over right, step right to right side, cross left foot over right

STEP, ½ TURN KICK PIVOT, COASTER STEP, RIGHT HIP BUMPS, LEFT HIPS BUMPS

- 25-26 Step forward on right, pivot ½ turn over left shoulder as you kick left foot forward
27&28 Step left foot back, close right to left, step forward on left
29&30 Step right forward (angle body 45 degree to left) push hips, right, left, right
31&32 Step left forward (angle body 45 degree to right) push hips, left, right left

REPEAT
