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拍数: 64 墙数: 0 级数:
编舞者: Markus Raus (DE) & Steffen Raus (DE)
音乐: Wooly Bully - Bob



INTRO

Only used by the song Wooly Bully

BRUSH, HITCH, HEEL, REPEAT ON THE OTHER FOOT

- 1&2 Brush right toe beside left (forward), that move is going directly over into a right hitch, step right beside left
- &3 Step diagonally back left on left foot, touch right heel in place
- &4 Step right foot in place, touch left beside right
- 5&6 Brush left foot beside right(forward), that move is going directly over into a left hitch, step left beside right
- &7 Step diagonally back right on right foot, touch left heel in place
- &8 Step left foot in place, touch right beside left

SAILOR SHUFFLE (4X)

- 9&10 Cross right in front of left, step diagonally back left on left foot, touch right foot in place
- &11 Step right foot on place, step left beside right
- &12 Step diagonally back right on right foot, touch left heel in place
- &13 Step left in place, step right beside left
- &14 Step diagonally back left on left foot, touch right heel in place
- &15 Step right foot in place, step left beside right
- &16& Step diagonally back right on right foot, touch left heel in place, step left foot in place

17-32 Repeat counts 1-16

THE MAIN DANCE

BRUSH, HITCH, HEEL, REPEAT ON THE OTHER FOOT

- 1&2 Brush right toe beside left (forward), that move is going directly over into a right hitch step right beside left
- &3 Step diagonally back left on left foot, touch right heel in place
- &4 Step right foot in place, touch left beside right
- 5&6 Brush left foot beside right (forward) that move is going directly over into a left hitch (&), step left beside right
- &7 Step diagonally back right on right foot, touch left heel in place
- &8 Step left foot in place, touch right beside left

SHUFFLE RIGHT, SHUFFLE LEFT, TURN, SHUFFLE BACK

- 9&10 Shuffle forward right, left, right
- 11&12 Shuffle forward left, right, left
- 13-14 Cross right in front of left, full turn to the left ending feet in a spiral (weight on the left foot)
- 15&16 Shuffle back right, left, right

TURN, SHUFFLE LEFT, BRUSH, HITCH, HEEL

- 17-18 Cross left behind right, full turn to the right ending feet in a spiral(weight on the left foot)
- 19&20 Shuffle forward left, right, left
- 21&22 Brush right toe beside left (forward), that move is going directly over into a right hitch, step right beside left
- &23 Step diagonally back left on left foot, touch right heel in place
- &24 Step right foot in place, touch left beside right

ARM MOVEMENTS

- 25-26 Bring right elbow at shoulder-height and point right hand parallel to the floor forward (elbow has a ¼ turn angle) and circle the right hand and the right knee twice to the right and parallel to the floor
- 27-28 Bring left elbow at shoulder-height and point left hand parallel to the floor forward (elbow has a ¼ turn angle) and circle the hand and the left knee twice to the left and parallel to the floor
- 29 Pull right elbow back while doing that hitch the right knee
- & Bring the right elbow forward again and step slightly back right
- 30 Pull left elbow back while doing that hitch the left knee
- & Bring the left elbow forward again and step slightly back left
- 31 Bring right hand to left shoulder and left hand to the right shoulder (left is crossed in front)
- & Bring right hand to the right shoulder and the left hand to the left shoulder
- 32 Bring hands down again

ARM MOVES, ½ TURN, MOVING, APPLE JACKS

- 33 Swing left arm over your head starting pointing arm forward, turn ¼ to the left (at the same time) you end facing 9:00 and point left arm to the left and right hand to the right and step back left with a ¼ to the left
- 34 Swing right arm over your head starting pointing arm forward, turn ¼ to the left (at the same time) you end facing 6:00 and point both arms to the front swivel left toe to the left and step right beside left
- 35 Point right elbow to the right, your right hand should be at shoulder height and turn ¼ turn right (9:00) and hitch right beside left
- 36 Point both hands forward and step right beside left
- 37-38 Swivel right heel to the left and left toe to the left, swivel right toe to the left and left heel to the left
- 39&40 Swivel right heel to the left and left toe to the right, swivel right toe to the left and left heel to right side, swivel right heel to the right and the left toe to the left

SAILOR SHUFFLES, SAILOR STEPS

- 41&42 Cross right in front of left, step left diagonally back left, touch right heel in place
- &43 Step right foot in place, step left beside right
- &44 Step diagonally back right, touch left heel in place
- & Step left foot in place
- 45&46 Cross right behind left, step left beside right, step right to right side
- 47&48 Cross left behind right, step right beside left, step left to left
- 49-56& Traveling toe points
- 49&50 Point right toe to right side, cross right in front of left, point left toe to the left
- &51& Bring the weight onto the left foot, point right toe to right side, cross right in front of left
- 52&53 Point left toe to left side, turn ¼ turn to the left while bringing weight on the left foot(6:00), point right toe to right side
- &54& Bring the weight on the right foot, point left toe to the left, cross left in front of right
- 55&56& Point right toe to the right, bring the weight on it, point left toe to the left side, step left beside right

POINT TOUCH COMBINATION

- 57-58 Point right toe to the right, touch right beside left
- 59&60& Point right toe to right side, touch right beside left, point right toe to right side, step right beside left
- 61-62 Point left toe to left side, touch left beside right
- &63&64& Point left toe to left side, touch left beside right, point left toe to left side, step left beside right

REPEAT

RESTART

When you dance to Wooly Bully, restart the dance on the 5th wall after counts 1-8 from the beginning.
