Open Arms



编	拍数: 48	
1-3	Turn ¼ left stepping left across right, rock right to right, transfer weight centere	d on left
4-6	Cross/step right over left, rock left to left, transfer weight center on right turning 1/4 right	
7-9	Step left forward, step in place right-left turning a full turn left	
10-12	Step right forward, step in place left-right turning a full turn right	
13-15	Step left slightly forward, drag right toe around in front of left, cross/step right over left	
16-18	Step left slightly back, step right back at 45 degrees right, drag left towards right	
19-21	Step left back at 45 degrees left, drag right towards left for counts 20 & 21	
22-24	Step right back at 45 degrees right, drag left towards right for counts 23 & 24	
25-27	Step left back turning ½ turn left, step right forward, pivot ½ turn left taking weight onto left	
28-30	Step right forward turning 1/4 turn left, slide left towards right for counts 29 & 30	
31-33	Step left behind right, rock right to right, transfer weight center on left (turn body slightly left on counts 31 then straighten up for counts 32 & 33)	
34-36	Step right behind left, rock left to left, transfer weight center on right (turn body slightly right on counts 34 then straighten up for counts 35 & 36)	
37-39	Step left behind right, step right to right turning ¼ right, step left forward	
40-42	Pivot ¹ / ₂ turn right taking weight onto right, rock/step left forward, rock/step right back	
43-45	Step left forward, step right forward, pivot 1/2 turn left taking weight onto left	
46-48	Step right forward, step left forward, pivot 1/2 turn right taking weight onto right	

- happens at the beginning of the song and the end of the song. (please feel free to use your arms)1-3Step left to left swaying hips to left, slightly slide right towards left, hold
- 4-6 Step right to right swaying hips to right, slightly slide left towards right, hold