

Open Arms (Just For You)

COPPER KNOB
STEPMATS

拍数: 48 墙数: 4 级数: Improver
编舞者: Wil Curley (CAN)
音乐: Just for You - Lionel Richie



Start dance with left rock forward on "Days"

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, FULL TURN, ROCK FORWARD, RECOVER

- 1-2 Rock forward on left, recover on right
- 3-4 Rock back left, recover on right
- 5-6 Step left forward and full turn right on left foot, end with weight on right
- 7-8 Rock forward left, recover on right

STEP CROSS BACK, STEP CROSS BACK, ROCK BACK, STEP FORWARD, FULL TURN

- 9-10 Step back left, cross back right over left
- 11-12 Step back left, cross back right over left
- 13-14 Rock back left, recover on right
- 15-16 Step left forward and full turn right on left foot, end with weight on right

FORWARD PRESS, ½ SWEEP, GRAPEVINE, ROCK BACK, RECOVER

- 17-18 Rock forward left, push off left
- 19-20 ½ sweep left leg around and cross behind right, step right beside left
- 21-22 Cross left in front of right, step right beside left
- 23-24 Rock back left, recover right

FULL TURN, TRIPLE STEP, WALK, WALK, WALK, WALK

- 25-26 Step left forward and full turn right on left foot, end with weight on right
- 27&28 Triple step left, right, left
- 29-30 Step forward right with weight, step forward left with weight
- 31-32 Step forward right with weight, step forward left with weight

SIDE ROCK, RECOVER, CROSS SHUFFLE, STEP QUARTER TURN, FORWARD SHUFFLE

- 33-34 Rock to right side with right, recover on left
- 35&36 Cross shuffle right over left, right over left
- 37-38 Step to left side on left with weight and quarter turn right on left, step right
- 39&40 Forward shuffle left, right, left

MONTEREY, ROCK FORWARD, RECOVER, COASTER STEP

- 41-42 Point right toe out to right side, pivot half turn on left, place right beside left with weight
- 43-44 Point left toe out to left side, place left beside right with weight
- 45-46 Rock forward right, recover left
- 47&48 Step back right, together left, forward right

REPEAT

TAG

Repeat last 16 counts of dance after 4th wall, starting with the side rock, cross shuffle which is count 33 of dance. You will be weighted incorrectly for the tag if you do the coaster step on count 47&48 of 4th wall, so instead do a rock back on right and recover on left, the count being 47,48; then the tag