Out And About

拍数: 52 **墙数:** 0 **级数:**

编舞者: Selena Webber (CAN)

音乐: Mi Vida Loca - Pam Tillis

1-4	Right heel to side, right toe to side, right heel to side, hitch left turn ¼ turn left
5-8	Vine backwards (right-left-right) hitch left
9-12	Step left forward, lock right behind left, step left forward, turn ¼ turn left step right to right side
13-14	Step onto left turn ¼ turn left, step onto right turn ¼ turn left (feet slightly apart, right hip to right side)
15-16	Hips (left, right)
17-20	Step back on left, step right forward, step left forward turn ½ turn right, hitch right leg
21-24	Vine right (right-left-right) stomp left
25-28	Moving twist to left (heels, toes, heels, toes turning ¼ turn left)
29-32	Step left across right, kick right to side, step right across left, kick left to side
33-36	Step left to side, turn ½ turn left on ball of left foot, step right to side, turn ¾ turns left on ball of right foot
37-40	Step left to side, right together & clap, step right to side, left together & clap
41-44	Step left to side, swing left arm out onto left thigh, step right to side, swing right arm out onto right thigh
45-48	Twist down (bend knees left, right), twist up (straighten knees left, right)
49-52	Step left to left, turn ½ turn left on left foot, step right foot to side, step left foot behind right foot, kick left

REPEAT