

Over My Shoulder

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Helen D'Aguiar (UK)
音乐: Over My Shoulder - Mike + The Mechanics



ROCK BACK, HITCH TOUCH TWICE WITH HALF TURN LEFT, CROSS & HEEL, & BEHIND SIDE CROSS, SIDE CROSS

- 1-2 Rock back on right, looking over your shoulder, recover on left
- &3&4 Hitch right foot, make $\frac{1}{4}$ turn left as you touch out to right, repeat
- 5&6& Cross right over left, step left to side, dig right heel forward into right diagonal, bring right foot back to place
- 7&8 Cross left foot behind right, step right to side, cross left over right

SIDE CROSS, STEP BACK RIGHT $\frac{1}{4}$ TURN LEFT, RUMBA BOX, MAMBO FORWARD, BACK LOCK BACK

- &1-2 Step right to side, cross left over right, make $\frac{1}{4}$ turn left stepping back on right
- 3&4 Step left to side, close right next to left, step left forward
- 5&6 Step forward on right, recover on left, close right next to left
- 7&8 Step back on left, lock right over left, step back on left

$\frac{1}{4}$ TURN RIGHT ROCK RECOVER, BEHIND & CROSS, BACK SIDE CROSS ($\frac{1}{2}$ TURN RIGHT), KICK AND CROSS

- 1-2 Making a $\frac{1}{4}$ turn right rock out to right, recover on left kicking slightly with right
- 3&4 Cross right behind left, step left to side, cross right over left
- 5&6 Make $\frac{1}{4}$ turn right stepping back on left, make a further $\frac{1}{4}$ turn right stepping right to side, cross left over right
- 7&8 Kick right foot forward, step right next to left, cross left over right

COASTER BACK, LEFT SHUFFLE FORWARD, ROCK RECOVER $\frac{1}{2}$ TURN RIGHT, STEP PIVOT $\frac{1}{4}$ TURN RIGHT CLOSE

- 1&2 Step back on right, close left next to right, step right foot forward
- 3&4 Left shuffle forward
- 5&6 Rock forward on right, recover on left, make $\frac{1}{2}$ turn right and step forward on right
- 7&8 Step forward on left, pivot $\frac{1}{4}$ turn right, close left next to right

REPEAT

TAG

At the end of wall 3 and 5

- 1&2 Mambo out to right
- 3&4 Mambo out to left

At the end of wall 7

- 1&2 Mambo out to right
- 3&4 Mambo out to left
- 5-6 Step forward right, pivot half turn left
- 7-8 Step forward right, pivot half turn left, closing left next to right