

Over The Border

拍数: 40 墙数: 4 级数: Improver
编舞者: Bernard Over The Border Line Dancing Group (UK)
音乐: One Heartache at a Time - Brooks & Dunn



- 1-4 Point right toe forward, touch together, point right toe behind (keep weight on left foot all the time) step together.
- 5-8 Point left toe forward, touch together, point left toe behind (keep weight on right foot all the time) step together.
- 9-10 Point right toe to the side, step together.
- 11-12 Point left toe to the side, step together.
- 13-14 Step forward on right and pivot half turn to left.
- 15-16 Step forward on right and pivot half turn to left.
- 17-20 Right grape vine with turn (right, left behind right, right and spin half turn to right, then step on left)
- 21-24 Step right behind left, step left on left, right hook (right heel forward, hook right heel in front of left knee)
- 25-32 Repeat 17-24 in opposite direction.
- 33 Small step forward on right, while slightly lifting left leg.
- 34 Step back on left.
- 35 Step right next to left (keep weight on right)
- 36 Quarter turn to left on left foot.
- 37 Small jump landing with feet slightly apart
- 38 Jump crossing right leg over left.
- 39 Unwind crossed legs by turning half turn to the left while rising up on the balls of your feet to get your heels as high as you can and hold briefly.
- 40 Drop your heels.

REPEAT
