

Overdrive

拍数: 48 墙数: 4 级数: Intermediate/Advanced
编舞者: Mark Simpkin (AUS) & Kate Moore (AUS)
音乐: Overdrive - The Road Hammers



STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF

- 1-2-3-4 Step left forward at 45 degrees left, lock right behind left, step left forward at 45 degrees left, scuff right forward
- 5-6-7-8 Step right forward at 45 degrees right, lock left behind right, step right forward at 45 degrees right, scuff left forward

CROSS, BACK, BACK, CROSS, BACK, BACK, CROSS, UNWIND ½ RIGHT

- 1-2-3-4 Cross left over right, step right back at 45 degrees right, step left back at 45 degrees left, cross right over left
- 5-6-7-8 Step left back at 45 degrees left, step right back at 45 degrees right, cross left over right, unwind ½ turn right

BACK, KICK, BACK, KICK, BACK, REPLACE, FORWARD, KICK ¼ TURN RIGHT

- 1-2-3-4 Step back right, kick left to side, step back left, kick right to side
- 5-6-7-8 Step back right, replace weight forward on left, step forward on right, kick left forward making ¼ turn right

STEP, KICK, ½ TURN RIGHT, KICK, FORWARD, REPLACE, ½ TURN RIGHT, TOGETHER

- 1-2-3-4 Step forward on left, kick right forward, flick right back making ½ turn right, kick right forward
- 5-6-7-8 Step right forward, step back on left, making ½ turn right step forward on right, step left together

HEEL, HEEL, BACK, TOGETHER, HEELS, TOES, TOES, HEELS

- 1-2-3-4 Step forward on right heel, step forward on left heel, step back on right, step left together
- 5-6-7-8 Turn both heels out, turn both toes out, toes together, heels together

TWIST, HITCH, TWIST, HITCH, STEP, ¼ KICK, ¼, HITCH, ½ STEP BACK, KICK

- 1-2-3-4 Twisting left heel to left (hitch right while turning right heel in), twisting left heel to right (hitch right while turning right heel out), step right together, making ¼ turn left kick left forward
- 5-6-7-8 Making ¼ turn left step left forward, hitch right knee, making ½ turn left step back on right, kick left forward

REPEAT

RESTART

During 5th, 6th, 9th, 10th walls, restart after count 40

ENDING

Finish on count 23, on 11th wall