

拍数: 32 墙数: 4 级数: Intermediate

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音乐: Oye, Isabel - The Iguanas



MONTEREY, FRONT/SIDE/FRONT, SIDE/ROCK, FRONT/SIDE/FRONT

1-2-3 Touch left toe to left side, ½ turn to left step on left beside right, touch right to right side

4&5 Step right across front of left, step left to left, step right across front of left

6-7 Step left to left, step/rock right in place but back slightly (making room for next crossing step)

Step left across front of right, step right to right, step left across front of right

STEP SIDE, ½ SPIRAL, SHUFFLE FORWARD, FORWARD/ROCK, ¾ TURN RIGHT

2-3 Step right to right side, ½ turn left (weight remains on right, draw left toe to right toe)

4&5 Shuffle forward left, right, left

6-7 Step right forward, rock/return weight to left in place

8&1 3/4 turn right (right, left, right) ending with right slightly cross front of left

TOUCH/CROSS (X3), ½ TURN

Touch left to left side, step left across front of right
 Touch right to right side, step right across front of left
 Touch left to left side, step left across front of right

8 ½ turn right (weight remains on left)

SAILOR SHUFFLE (X3) MOVING FORWARD, ½ TURN

Step right across/behind left, step left to left/forward, step right forward (moving forward)

Step left across/behind right, step right to right side/forward, step left forward (moving)

forward)

Step right across/behind left, step left to left/forward, step right forward (moving forward)

All three sailor shuffles above done while moving forward and swaying slightly

7-8 Step left forward, ½ turn to right (weight ends on right foot in place)

REPEAT