Paint The Town

拍数: 32

级数: Intermediate/Advanced

编舞者: Michelle Warner (UK)

音乐: Liquored Up and Lacquered Down - Southern Culture On the Skids

CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE WITH 1/4 TURN

- 1-2 Cross left over right and replace the weight on to right
- 3&4 Step left to left side, step right next to left, step left to left side
- 5-6 Cross right over left and replace weight on to left
- 7&8 Step right to right side, step left next to right, step right to right side while making ¼ turn right

1/4 PIVOT RIGHT, CROSS SHUFFLE, STEP, TURN 3/4, FORWARD SHUFFLE

- 9-10 Step forward on left, turn ¼ right placing weight on to right
- 11&12 Cross left over right, take small step right, cross left over right
- 13-14 Step right to right side, turn ³/₄ left stepping forward on left
- 15&16 Step forward on right, step left next to right, step forward on right

STEP CLOSE, DIAGONAL FORWARD SHUFFLE, CROSS ROCK SIDE SHUFFLE WITH 1/4 TURN

- 17-18 Step left to slightly forward to the left side, step right next to left (use Cuban hips for styling)
- 19&20 Step left slightly forward to left side, step right next to left, step left slightly forward to left side (Cuban hips)
- 21-22 Cross right over left, replace weight onto left
- 23&24 Step right to right side, step left next to right, step right to right side while making ¼ turn right

FORWARD ROCK, ¾ TURNING SHUFFLE, STEP CLOSE DIAGONAL FORWARD SHUFFLE

- 25-26 Step forward on left, replace weight onto right
- 27&28 Turn ¾ left stepping left, right, left
- 29-30 Step right slightly forward to the right side, step left next to right (use Cuban hips for styling)
- 31&32 Step right slightly forward to right side, step left next to right, step right slightly forward to right side. (Cuban hips)

REPEAT





墙

墙数:4