# Perfect Bliss

拍数: 32

级数: Improver

编舞者: Raymond Townsend (UK)

音乐: Perfect Bliss - Bellefire

## ROCK LEFT & RIGHT, BEHIND AND CROSS, ¼ SAILOR TURN RIGHT

- 1-2 Rock left to left, rock right on right
- 3&4 Step left behind right, step right to right, cross left over right
- 5-6 Rock right to right, rock left to left
- 7&8 Cross right behind left, step left ¼ right, step forward left

### STEP TURN, FORWARD SHUFFLE, ROCK FORWARD AND BACK ¾ TURN

- 1-2 Step forward on left, pivot half turn over right shoulder
- 3&4 Forward shuffle (left, right, left)
- 5-6 Rock forward on right, rock back on the left
- 7-8 Make <sup>3</sup>/<sub>4</sub> turn stepping right and left (stepping left out)

# SAILOR STEP, BEHIND AND UNWIND HALF TURN, HIP BUMPS RIGHT AND LEFT

- 1&2 Step right behind left, step left to left side, step right in place (sailor step)
- 3-4 Step left behind right, unwind half turn over left shoulder
- 5&6& Hip bumps to right, right, left, right
- 7&8& Hip bumps to left, left, right, left

### STEP CROSS STEP QUARTER TURN, STEP HALF TURN, STEP STOMP

- 1-2 Step right with right, cross rock left over right
- 3-4 Rock back onto right, step left to left making ¼ turn over left shoulder
- 5-6 Step forward on right, pivot half turn over left shoulder
- 7-8 Step forward on right, stomp left next to right, (keep weight on right)

#### REPEAT

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#### After the 1st wall and then again after the 8th wall

# ROCK QUARTER TURN, FORWARD LEFT PIVOT HALF TURN

1-4 On ball of right make 1/4 turn right stepping back on left, step right in place, step left forward, make half turn over right shoulder





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**墙数:**4