

Petal To The Metal

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Barry Amato (USA)
音乐: Speed It Up - Suzanne Strickland



TOUCH SIDE, CLAP TOUCH SIDE, CLAP, THREE STEP TURN, JUMP

- 1-2 Touch right to right side, clap
- &3-4 Quick weight change onto right, touch left to left side, clap
- 5-7 Three step turn left (left $\frac{1}{4}$ turn, right $\frac{1}{4}$ turn, left $\frac{1}{2}$ turn to face original wall)
- 8 Jump to the left with weight ending on both feet

HITCH BALL CHANGE 2X, STEP SIDE, HOLD, HALF TURN, CLAP 2X

- 1&2 Hitch right foot to left knee, step on ball of right, quickly change weight to left
- 3&4 Hitch right foot to left knee, step on ball of right, quickly change weight to left
- 5-6 Step right on right foot, hold
- 7 Pull the left into the right pivoting on balls of both feet $\frac{1}{2}$ turn left
- &8 Clap twice

ROCK FORWARD, ROCK BACK, HITCH, TOUCH BEHIND, HALF TURN, KICK, TOUCH BEHIND, HALF TURN

- 1-2 Rock forward on right, recover on left in place
- 3-4 Hitch right foot to right knee, touch right toe straight back
- 5-6 Placing weight on right pivot $\frac{1}{2}$ turn over right shoulder, kick left forward
- 7-8 Touch left toe straight behind, placing weight on left pivot $\frac{1}{2}$ turn over left shoulder

SWING FOOT FRONT, CROSS FOOT, SWING FOOT AROUND, CROSS FOOT, STEP SIDE, STEP, CROSS, STEP SIDE, STEP, CROSS

- 1-2 Bring right around from behind, cross right over left
- 3-4 Bring left around from behind, cross left over right
- 5&6 Step out to right on right, quickly change weight to left, cross right over left
- 7&8 Step out to left on left, quickly change weight to right, cross left over right

REPEAT
