

Phloor Philla

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Floor Filler - A*Teens



Dedicated to Dollie Marie Abey Stevens (April 20, 1952 - July 25, 2004)

KICK, HITCH, STEP, SQUAT 2X, KICK BALL SQUAT 2X

- 1&2 Kick right foot forward, hitch right knee, step right foot slightly behind left
- 3&4& Sit into slight squatting position, stand, sit into slight squatting position, stand
- 5&6 Kick right foot forward, step right foot into place, step left foot slightly forward and drop into a slight squatting position facing 45 degrees to the right
- 7&8 Kick right foot forward, step right foot into place, step left foot slightly forward and drop into a slight squatting position facing 45 degrees to the right

TOUCHES, SWIVELS, ¼ TURN, LONG STEP, TOUCH

- 1&2& Touch right toe forward, step right foot into place, touch left toe out to left side, step left foot into place
- 3&4 Touch right toe out to right side, step right foot into place, touch left toe out to left side
- 5&6 Weight on balls of both feet swivel heels right, center, right (making a ¼ turn to left) putting weight on it
- 7-8 Long step left foot forward, drag and touch right toe next to left

VINES WITH SHOULDERS

VINE RIGHT:

- 1-4 Grapevine to right

Shoulders right option

- 1& Lift left shoulder up and drop right shoulder down, lift right shoulder up and drop left shoulder
- 2& Repeat counts 1&
- 3& Repeat counts 1&
- 4 Lift left shoulder up and drop right shoulder down

VINE LEFT:

- 5-8 Grapevine to left

Shoulders left option

- 5& Lift right shoulder up and drop left shoulder down, lift left shoulder up and drop right shoulder
- 6& Repeat counts 5&
- 7& Repeat counts 5&
- 8 Lift right shoulder up and drop left shoulder down

BACKWARD MASHED POTATOES, TOUCH, KICK BALL CROSS, LONG STEP, TOUCH

- &1 Lift right foot slightly off floor and turn both toes in/heels out, step back onto right foot as you turn both toes out/heels in
- &2 Lift left foot slightly off floor and turn both toes in/heels out, step back onto left foot as you turn both toes out/heels in
- &3 Lift right foot slightly off floor and turn both toes in/heels out, step back onto right foot as you turn both toes out/heels in
- 4 Touch left toe next to right foot
- 5&6 Kick left foot out at an angle to the left, step left foot slightly back, cross step right foot over left
- 7-8 Long step left foot out to left side, drag and touch right toe next to left

STOMP, HOLD, STOMP, HOLD WITH HAND MOVEMENTS

1-4 Step right foot slightly forward, extending right arm in front of body

As if telling someone to stop on 1

2-3-4 Hold pose

5 Step left foot slightly forward, extending left arm in front of body using full hand palm up to motion for someone to give you something (or to bring it on.)

6-7-8 Hold (foot pose) with hand motions

GALLOP WITH RIGHT ARM MOVEMENTS

&1 Gallop in place starting with your right foot while bringing right fist to a center chest position, gallop in place starting with your left foot while punching right fist up in the air straight above your head

&2 Gallop in place starting with your right foot while bringing right fist to a center chest position, gallop in place starting with your left foot while punching right fist down to right at 45 degree angle

&3 Repeat &1

&4 Gallop in place starting with your right foot while bringing right fist to a center chest position, gallop in place starting with your left foot while punching right fist down across body to the left at 45 degree angle

&5-8 Repeat &1-4 above

REPEAT

RESTART

Restart after count 32 on walls 1 and 7
