

# Pismo Push

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Lori Wong (USA)  
音乐: Just Like a Rodeo - John Michael Montgomery



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## LEFT CROSS, RIGHT SCUFF, RIGHT CROSS, LEFT SCUFF & ½ TURN TO RIGHT, LEFT FORWARD, RIGHT BACK, LEFT BACK-TOGETHER-FORWARD:

- 1-4      Left cross step in front of right; right brush next to left; right cross step in front of left; left brush and begin crossing over right
- &5-6      Pivot on ball of right foot ½ turn to the right (facing reverse start of dance); step left down in front of right; right step back
- 7&8      Coaster step: left step back; right step next to left; left step forward

## RIGHT POINT, STEP, LEFT POINT, STEP RIGHT POINT, ½ TURN RIGHT, LEFT POINT, LEFT TOGETHER (MONTEREY TURN):

- 1-4      Right point toe to right side; right step forward; left point toe to left side; left step forward
- 5-6      Monterey turn: right point toe to right side; as right toe returns, pivot on left ½ turn to right & change weight to right foot
- 7-8      Left point to left side; left step next to right (weight is on left, facing start of dance)

## RIGHT SYNCOPATED GRAPEVINE:

- 1-2      Right step right; left step behind right
- &3-4      Right step right; left cross step over right; right step right

## LEFT GRAPEVINE WITH ¼ TURN LEFT:

- 5-6      Left step left; right step behind left
- 7-8      Left step ¼ turn left; right touch next to left

## SHIMMY "PISMO-PUSH" FORWARD 45 DEGREES TO RIGHT:

- 1-4      Right step forward 45 degrees to right; bump right hip forward; bump right hip forward; bump right hip forward (push-push-push)

## ROCK FORWARD LEFT, CENTER, LEFT BACK, CENTER:

- 5-6      Left rock step forward; right step center
- 7-8      Left rock step back; right step center

**REPEAT**

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