# Pop In An Oak

拍数: 64

级数: Intermediate

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音乐: Old Pop in an Oak - Rednex

## SHUFFLE FORWARD RIGHT-LEFT-RIGHT. SHUFFLE FORWARD LEFT-RIGHT-LEFT. ROCK STEP RIGHT RECOVER ½ TURN.

- 1&2 Step forward on right, step left next to right, step forward on right
- 3&4 Step forward on left, step right next to left, step forward on left
- 5-6 Rock forward on right, rock back on left while turning <sup>1</sup>/<sub>2</sub> turn to the right

## SHUFFLE FORWARD RIGHT-LEFT-RIGHT. SHUFFLE FORWARD LEFT-RIGHT-LEFT. ROCK STEP RIGHT RECOVER ½ TURN.

- 7&8 Step forward on right, step left next to right, step forward on right
- 1&2 Step forward on left, step right next to left, step forward on left
- 3-4 Rock forward on right, rock back on left while turning <sup>1</sup>/<sub>2</sub> turn to right

### SHUFFLE FORWARD RIGHT-LEFT-RIGHT. SHUFFLE FORWARD LEFT-RIGHT-LEFT. ROCK STEP RIGHT RECOVER 1/4 TURN.

- 5&6 Step forward on right, step left next to right, step forward on right
- 7&8 Step forward on left, step right next to left, step forward on left
- 1-2 Rock to right on right foot, recover on left while turning ¼ turn to the left

### SHUFFLE FORWARD RIGHT-LEFT-RIGHT. SHUFFLE FORWARD LEFT-RIGHT-LEFT. STEP FORWARD RIGHT PIVOT ¾

- 3&4 Step forward on right, step left next to right, step forward on right
- 5&6 Step forward on left, step right next to left, step forward on left
- 7-8 Step forward on right, pivot <sup>3</sup>/<sub>4</sub> turn to the left

#### WEAVE RIGHT-LEFT-RIGHT-LEFT. ¼ TURN STEP RIGHT, STEP LEFT ¾ PIVOT

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, step left in front of right
- 5-6 Step right to right side while making ¼ turn right, step forward on left
- 7-8 Make <sup>3</sup>/<sub>4</sub> pivot to the right, step left to left side

#### SYNCOPATED WEAVES, SIDE CROSS SHUFFLES TO THE LEFT

- 1& Cross right in front of left, step left to left
- 2& Cross right behind left, step left to left
- 3& Cross right over left, step left to left (keeping feet crossed)
- 4& Step right to left side (keeping feet crossed), step left to left(uncrossing feet)
- 5& Cross right behind left, step left to left side and slightly back
- 6& Cross right in front left, step left to left
- 7& Cross right behind left, step left to left (keeping feet crossed)
- 8 Step right to left (keeping feet crossed)

#### SYNCOPATED WEAVES, SIDE CROSS SHUFFLES TO THE RIGHT

- 1& Cross left behind right, step right to right
- 2& Cross left in front of right, step right to right side
- 3& Cross left behind right, step right to right (keeping feet crossed)
- 4& Step left to right (keeping feet crossed), step right to right(uncrossing feet)
- 5& Cross left in front of right, step right to right
- 6& Cross left behind right, step right to right





**墙数:** 2

7& Cross left in front of right, step right to right (keeping feet crossed)8 Step left to the right (keeping feet crossed)

#### KICK, KICK, COASTER TWICE

- 1-2 Kick right foot forward x 2
- 3&4 Step back on right, step left next to right, step right forward
- 5-6 Kick left foot forward x 2
- 7&8 Step back on left, step right next to left, step left forward

#### KICK, HITCH, ¼ TURN, STOMP, STOMP X 2

- 1-2 Kick right foot forward, hitch right knee while making ¼ turn to the left
- 3-4 Stomp right foot, stomp left foot
- 5-6 Kick right foot forward, hitch right knee while making ¼ turn to the left
- 7-8 Stomp right foot, stomp left foot

#### REPEAT

If you want to you can do steps 49-64 twice in a row as intro steps, for the 32 counts of intro before the dance starts when done to "Old Pop In An Oak"

After doing the dance 4 times completely through you have to cut out 4 counts of the dance to make it flow properly. Therefore after doing 4 sets of the 64 steps, start the next time with step 5 (The rock step forward on the right foot.)