Pop Muzak



编舞者: Mr. O.D.

音乐: Pop Muzak - Mousse T.



HIP BUMPS, TOUCH, STEP, TOUCH, 1/4 TURN

1&2	Touch step right slightly forward and bump hips - right, left, right
3&4	Cross step left slightly forward and bump hips - left, right, left
5-6	Touch right to right side, step right across front of left
7-8	Left to left side, ¼ turn left and step left next to right

SHUFFLE, MAMBO STEP, ROCK STEP, CROSS, 1/4 TURN

9&10	Step right across front of left & step left behind of right, step right across front of	of left
30010	Step fight across from or left & step left behind of fight, step fight across from t	שו וכ

11&12 Rock left to left side & recover weight on right, step left next to right

13-14 Rock right to right side, recover weight on left

15-16 Step right across front of left, ¼ turn right and step left back

Restart after count 16 on wall 4

COASTER STEP, KICK BALL STEP, ROCK STEP, STEP BACK, TOUCH

17&18	Step right back & step left next to right, step right slightly forward
19&20	Kick left forward & step left slightly back, step right forward
21-22	Rock left forward, recover weight on right
23-24	Step left back, touch right to right side

SAILOR STEP, WEAVE, ROCK WITH 1/4 TURN, LARGE STEP, STEP

25&26	Step right behind of left & step left next to right, step right slightly to right side
27&28	Step left behind of right & step right next to left, step left across front of right
29-30	Rock right to right side, ¼ turn left and recover weight on left
31-32	Step right large forward, step left next to right

REPEAT

RESTART

Restart after count 16 on wall 4