

# Popeye

**COPPER** KNOB  
STEPPERS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Ronnie Fortt (UK)  
音乐: Tall Ships - Greyhound Express



## HEEL SPLITS ON THE SPOT (X3), TOE SPLITS ON THE SPOT (X1)

- 1-2      Taking weight on both toes: fan heels apart, fan heels together
- 3-4      Taking weight on both toes: fan heels apart, fan heels together
- 5-6      Taking weight on both toes: fan heels apart, fan heels together
- 7-8      Taking weight on both heels: fan toes apart, fan toes together

**Fun: for extra fun - with fingers laced, use ripple effects from one elbow to the other, similar to Rob Fowler's 'B.UUT' and also Jamie, Alan, Pedro & Jo's 'Java Jive'**

## RIGHT GRAPEVINE WITH AN ENDING STEP, RIGHT SWIVET (TWICE)

- 1-2      Step right to right side, cross-step left behind right
- 3-4      Step right to right side, step left beside right
- 5      Taking weight on right heel & left toe: swivel right toe right & left heel left
- 6      Return both feet to center
- 7-8      Repeat above counts (5-6)

## LEFT GRAPEVINE WITH AN ENDING TOUCH, STEP, HOLD (½-LEFT) HOLD

- 1-2      Step left to left side, cross-step right behind left
- 3-4      Step left to left side, touch right toe beside left
- 5-6      Step forward on right, hold for (1) count
- 7-8      Pivot ½ turn over left shoulder, hold for (1) count

## RIGHT & LEFT SHUFFLES FORWARD, ROCK FORWARD/BACK, STOMP RIGHT/LEFT IN PLACE

- 1&2      Step forward on right, step left beside right, step forward on right
- 3&4      Step forward on left, step right beside left, step forward on left

**Arms: for more fun - fold arms across body like a sailor leaning right then left as you shuffle. The boat is rocking!**

- 5-6      Rock forward onto right, rock weight back onto left

**Styling: try rolling the body to make a large wave**

- 7-8      Stomp right beside left, stomp left beside right

**REPEAT**