

# Poppit!

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)  
音乐: Get It Poppin' (feat. Fat Joe) - Nelly



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## TOE TOUCHES, SIDE STEPS, ¼ TO THE LEFT SAILOR SHUFFLE

1&2      Touch left toe to left side, step left quickly next to right, touch left toe to left side  
3-4      Step left next to right, step right to right side  
5-6      Touch left toe to the front, touch left toe to the left side  
7&8      Step left behind right making ¼ turn to the left, step right to right side, step left next to right

## ROCK STEP, RECOVER STEP, COASTER STEP, TOE TOUCHES, SIDE STEPS

1-2      Rock forward on left, recover on right  
3&4      Step back on left, step back on right, step forward on left  
5&6      Touch right toe to right side, step right quickly next to left, touch right toe to right side  
7-8      Step right next to left, step left to left side

## TOE TOUCHES, ¾ TO THE RIGHT SAILOR SHUFFLE, BODY ROLL

1-2      Touch right toe to the front, touch right toe to the right side  
3&4      Step right behind left making ¾ turn to the right, step left to left side, step right next to left  
5-6      Step left forward, step right (divide weight evenly but foot is weighted on right)  
7&8      Body roll up as weight is on right, push up as weight is pushed forward, straighten up

## FORWARD SHUFFLE, TOE TOUCHES, SAILOR SHUFFLE, HIP BUMPS

1&2      Shuffle forward left, right, left  
3-4      Point right toe forward, point right toe to the right side  
5&6      Step right behind left, step right to the right side, step left next to right  
&7-8      Step right pushing hips to the right twice, touch left next to right

## REPEAT

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