Praying For Daylight

级数:

编舞者: Marg Jones (CAN)

拍数: 64

音乐: Prayin' for Daylight - Rascal Flatts

Start on count 33 after they sing "ooh, ooh"

This stepsheet has been written using the count as 184 bpm. (double time)

墙数: 4

RIGHT TOE, HEEL, CROSS, HOLD; LEFT TOE, HEEL, CROSS, HOLD

- 1-2 Touch right toe in towards left instep; touch right heel in towards left instep
- 3-4 Step on right across front of left; hold
- 5-6 Touch left toe in towards right instep; touch left heel in towards right instep
- 7-8 Step on left across front of right; hold

ROCK, RECOVER, CROSS, HOLD, BOUNCE X 3 TURNING ¼ LEFT; HOLD

- 9-10 Rock right to right, recover weight onto left
- 11-12 Step right across left; hold
- 13-16 Bounce heels 3 times while turning 1/4 left; hold

CROSSING SHUFFLE, HOLD; SCISSORS; HOLD

- 17-18 Step left across right; step right to right
- 19-20 Step left across right; hold
- 21-22 Step right to right; step left across behind right
- 23-24 Step right across front of left; hold

STEP, BUMP HIPS LEFT, RIGHT, LEFT; HOLD; CROSS, UNWIND; HOLD

- 25-28 Step left to left while bumping hips to left, right, left; hold
- 29-32 Step on right across left; unwind ¹/₂ turn to left; hold (weight ends on right foot)

LEFT TOUCH SIDE, FRONT, SIDE; HOLD; SAILOR; HOLD

- 33-36 Touch left toe to left side, front, side; hold
- 37-40 Swing left around behind right; step right to right; step on left; hold

RIGHT TOUCH SIDE, FRONT, SIDE; HOLD; SAILOR; HOLD

- 41-44 Touch right toe to right side, front, side; hold
- 45-48 Swing right around behind left; step left to left; step on right; hold

STEP; HOLD; PIVOT ½ RIGHT; HOLD; HEELS OUT, IN, OUT; HOLD

- 49-52 Step forward on left; hold; pivot ½ right, ending weight on both feet; hold
- 53-56 With right slightly head of left, swivel both heels out, in, out; hold

RIGHT COASTER BACK; HOLD; LEFT COASTER FORWARD; HOLD

- 57-60 Step back on right; step back on left; step forward on right; hold
- 61-64 Step forward on left; step forward on right; step back on left; hold

REPEAT

TAG

This is simply the first 8 counts of the dance. Add it twice after wall 2 and once after wall 5. RIGHT TOE, HEEL, CROSS, HOLD; LEFT TOE, HEEL, CROSS, HOLD

- 1-2 Touch right toe in towards left instep; touch right heel in towards left instep
- 3-4 Step on right across front of left; hold





5-6Touch left toe in towards right instep; touch left heel in towards right instep7-8Step on left across front of right; hold