

Pride And Joy

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate west coast swing
编舞者: Sunday Murch (USA)
音乐: Pride & Joy - Scooter Lee



DRUNKEN SAILOR RIGHT, TOUCH LEFT BEHIND RIGHT, UNWIND $\frac{3}{4}$, SHUFFLE RIGHT, STEP LEFT PIVOT $\frac{1}{2}$ (WEIGHT STAYS ON LEFT)

1&2	Drunken sailor
3	Touch left behind right
4	Unwind $\frac{3}{4}$
5&6	Shuffle forward
7	Step left
8	Pivot $\frac{1}{2}$ (weight stays on left)

ROCK RIGHT BACK, FRONT, BACK, SHUFFLE FORWARD

1-2	Rock back right
3-4	Rock front right
5-6	Rock back right
7&8	Shuffle forward

WEAVE FRONT, BACK 1-4, ROCK LEFT ACROSS, SHUFFLE SIDE

1-4	Left cross front and cross back and
5-6	Rock left across right
7&8	Shuffle to left side

WEAVE FRONT, BACK 1-4, ROCK RIGHT $\frac{1}{4}$ TURN, PIVOT TO FRONT WALL, SHUFFLE UP

1-4	Right cross front and back and
5	Rock right across left
6	$\frac{3}{4}$ pivot
7&8	Shuffle up

ROCK LEFT FRONT AND SIDE AND FAST VINE, LUNGE RIGHT, RECOVER

1-2	Rock left front
3-4	Rock left side
5&6	Fast vine
7-8	Lunge right recover

STEP RIGHT BEHIND LEFT POP KNEE, STEP LEFT TO SIDE, REPEAT, PIVOT $\frac{1}{4}$, $\frac{1}{4}$

1	Step right behind left, pop knee
2	Step left to side
3	Step right behind left, pop knee, 4 step left to side
5-6	$\frac{1}{4}$ pivot
7-8	$\frac{1}{4}$ pivot

STEP TOGETHER RIGHT, STEP TOGETHER RIGHT, TAP (SHOULDERS MOVE UP AND DOWN), STEP TOGETHER LEFT, STEP TOGETHER LEFT, TAP

1-4	Step together, step together tap
5-8	Repeat

ROCK FRONT, BACK, FULL PIVOT

1-2	Rock front
3-4	Rock back

5-8

Pivot a full turn

REPEAT
